

# Your Heart or Mine

**COPPER** KNOB  
BY STEPHENETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Lynne Hoover (USA) - June 2023  
音乐: Your Heart Or Mine - Jon Pardi



1 restart

Intro is 8 counts

## HEEL HOOK x2, STEP LOCK STEP, ¾ R RUN, BACK-BACK\*\*

1&2&                      Touch R heel fwd, then hook across left shin, repeat  
3&4                      Step R fwd, lock L behind R, step R fwd  
5&6                      Run LRL making ¾ turn to R  
7-8                      Step back on R, step back on L, \*\*spice up your walk back with a shoulder roll - from front to back - on each step back

\*\*\*RESTART HERE WALL 3, FACING 6:00\*\*\*

## R BACK COASTER, TRIPLE FWD, ROCK & CROSS, ½ TURN RIGHT

1&2                      Step back on R, step L beside R, step R forward  
3&4                      LRL triple fwd  
5&6                      Rock R out to right side, step L next to R, cross R over L  
7-8                      Step on L making ½ turn to R, step on R

## FWD ROCK, SIDE ROCK, BEHIND SIDE CROSS, FULL TRIPLE TURN, STEP LOCK STEP

1&2&                      Rock fwd on L, recover on R, Rock to L side, recover on R  
3&4                      Step L behind R, step R to side, cross L over R  
5&6                      360 deg. shuffle turn to left RLR    OPTION: Shuffle back LRL  
7&8                      Step back on L, lock R over L, step back on L

## SAILOR ½ TURN, KICKBALL CROSS, SWAY-SWAY, STOMP, STOMP

1&2                      Swing R foot round to right making ½ turn land on R, step on L, step on R  
3&4                      Kick L foot fwd, land on L, cross R over L  
5-6                      Sway L, sway R  
7-8                      Stomp on L, Stomp on R but keep weight on L

Last Update: 7 Nov 2023