

# Here I Am

拍数: 32      墙数: 1      级数: Phrased Improver  
编舞者: Ronald Lacoste (CAN) - June 2023  
音乐: Here I Am (Slow Fox / 29 Bpm) - OrchesTrOnal & Rosanna Hofman : (iTunes / Amazon)



Intro 16 counts. No Tags & No Restarts.

## Part A (16 counts)

**S. 1 Forward L & Side Rock with 1/8 L turn pivot, Forward R, Forward L & 1/4 R turn pivot, Forward L, Forward Rock R, Back R, 1/8 L turn Side L, 1/8 L turn recover on R.**

1 2 &      Step L Forward, Step R Side, 1/8 L turn pivot recover on L  
3 4 &      Step R Forward, Step L Forward, 1/4 R turn pivot recover on R  
5 6 &      Step L Forward, Step R Forward, Recover on L  
7 8 &      Step R Back, 1/8 L turn Step L Side, 1/8 L turn pivot Recover on R

**S. 2 1/8 R turn Side L, 1/8 R turn recover on L, Back R, 1/8 L turn Step L Side, Step R Beside L, 1/4 L turn Half Forward Rumba Box, 1/4 L turn Half Back Rumba Box.**

1 2 &      Step L Back, 1/8 R turn Step R Side, 1/8 R turn pivot Recover on L  
3 4 &      Step R Back, 1/8 L turn Step L Side, Step R Beside L  
5 6 &      1/8 L turn Step L Forward, 1/8 L turn Step R Side, Step L Beside R  
7 8 &      1/8 L turn Step R Back, 1/8 R turn Step L Side, Step R Beside L

## Part B (16 counts))

**S. 1 Walk L R L R, Rock Forward L, Back Lock Shuffle, Rock Back L.**

1 2 &      Step L Forward, Step R Forward, Step L Forward  
3 4 &      Step R Forward, Step L Forward, Recover on R  
5 6 &      Step L Back, Step R Back, Lock L over R  
7 8 &      Step R Back L, Step L Back, Recover on R

**S. 2 Forward & 1/2 L turn Lock Shuffle, Rock Back L, 1/4 L turn half Forward Rumba Box, 1/4 L turn Half Back Rumba Box.**

1 2 &      1/8 L turn Step L Forward, 1/4 L turn Step R Side, Lock L over R  
3 4 &      1/8 L turn Step R Back, Step L Back, Recover on R  
5 6 &      1/8 L turn Step L Forward, 1/8 L turn Step R Side, Step L Beside R  
7 8 &      1/8 L turn Step R Back, 1/8 R turn Step L Side, Step R Beside L

**Sequence: AA – BB – A – BB – AA – B – B (16C) – Ending.**

## Ending: (Rumba Box)

5 6 &      Step L Forward, Step R Side, Step L Beside R  
7 8 &      Step R Back, Step L Side, Step R Beside L

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