

Clap and Dance

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sebastiaan Holtland (NL) - June 2023
音乐: Clap and Dance (feat. Martin Jones) (Ballo di gruppo) - Dj Berta : (iTunes)



Intro: 16 cts (09 sec).

S1: [1-8] R Fwd Coaster Step, Dip & Up, R Step, L Side Point (clap clap), L Step, R Side Point (clap clap).

1,2 RF step fwd (1), LF step beside RF (2).
3 4 RF step step back and dip body down (3), Coming up (4).
5&6 RF step fwd (5), LF point to left & clap clap (&6).
7&8 LF step fwd (7), RF point to right & clap clap (&8).

S2: [9-16] R Rocking Chair, ½ Shuffle Turn Back, L Back Rock.

1,2 RF Rock fwd (1), Recover back onto Lf (2).
3,4 RF Rock back (3), Recover back onto LF (4).
5&6 RF ½ shuffle turn back to L (6.00) (5&6).
7,8 LF rock back (7), Recover back onto RF (8).

S3: [17-24] L/R V Heels, L Back, R Hook, R Lindy to R.

1,2 LF step diagonal on heel (1), RF step diagonal on heel (2).
3,4 LF step back (3), RF hook in front of Lf (4).
5&6 RF step right (5), LF step beside RF (&), RF step right (6).
7,8 LF rock back (7), RF recover back onto RF (8).

S4: [25-32] L Step 1/8 L, R Lock, L Step 1/8 L, R Scuff Fwd, R Slow Cross Jazz Box.

1,2 LF step fwd 1/8 left (4.30) (1), RF lock behind LF (2).
3,4 LF step fwd 1/8 left (3.00) (3), RF scuff fwd (4).
5,6 RF cross over LF (5), LF step back (6).
7,8 RF step right (7), LF step fwd (8).

REPEAT THE DANCE AND HAVE FUN!!

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