

Stomp Down

拍数: 32 墙数: 4 级数: High Beginner
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音乐: It's Going Down - Nic D & Connor Price



#8 counts intro

S1 – R ROCK FWD, R COASTER STEP, L ROCK FWD, L COASTER

1-2 Rock Rf forward – recover onto Lf
3&4 Step ball of Rf back – close Lf next to Rf – step Rf forward
5-6 Rock Lf forward – recover onto Rf
7&8 Step ball of Lf back – close Rf next to Lf – step Lf forward

S2 – STOMP R, STOMP L, SWIVEL, PIVOT ½ TURN L, R TRIPLE STEP FWD

1-2 Stomp Rf diagonally R (out) – stomp Lf to L side (out)
3&4 Swivel both heels in – swivel both toes in – swivel both heels in
5-6 Step Rf forward – pivot 1/2 turn L (6:00)
7&8 Step Rf forward – step Lf beside Rf – step Rf forward

S3 – [STEP, POINT, KICK BALL POINT] TWICE

1-2 Step Lf forward – point R toes to R side
3&4 Kick Rf forward – step Rf beside Lf – point L toes to L side
5-6 Step Lf forward – point R toes to R side
7&8 Kick Rf forward – step Rf beside Lf – point L toes to L side

S4 – CROSS, SIDE, BEHIND SIDE CROSS, SIDE ROCK ¼ TURN L, STOMP R/L, SLAP

1-2 Cross Lf over Rf – step Rf to R side
3&4 Step Lf behind Rf – step Rf to R side – cross Lf over Rf
5-6 Rock Rf to R side – 1/4 turn L taking weight on Lf (3:00)
7&8 Stomp Rf forward – Stomp Lf next to Rf – slap both hands on thighs

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.