

Sunshine Through the Rain

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Amy Glass (USA) - March 2023
音乐: Lucky Day - Louis II : (iTunes)



#16 Count Intro. Last 16 counts changes when dance starts on back walls (2, 4, 6)

[1-8] Out, Out, Back Lock Step, Coaster Step, Walk x2

1-2 Step RF forward and out, LF out
3&4 Step RF Back, Lock LF in front of RF, Step RF back
5&6 Step LF back, Close RF next to LF, Step LF Fwd
7-8 Walk Fwd R, L

[9-16] Push R Hip Fwd w/ Rock, Recover, Fwd, Turn ½ L w/ Flick, Walk x2, & Lock, Unwind ¾ L

1-2 Step RF Fwd with a rock fwd (push RF fwd with body angled toward 9:00 wall), Recover weight back on L
3-4 Rock RF fwd with hip, Turn ½ L weighting LF (option flick R heel back) (6:00)
5-6 Walk Fwd R, L
&7-8 Step RF fwd, Lock LF behind RF, Unwind ¾ L weighting LF (9:00)

[17-24] Dorothy x2, Step Pivot ½ L, Camel Walk x2

1-2& Step RF to R diagonal, Lock LF behind R, Step RF to R diagonal
3-4& Step LF to L diagonal, Lock RF behind L, Step LF to L diagonal
5-6 Step RF fwd, Pivot ½ L (3:00)
7-8 Walk fwd on RF while popping L knee, Walk fwd on LF while popping R knee

[25-32] Press, Recover w/ Sweep, ¼ L weave, Step, Flick, Step, Hook, Shuffle Fwd

1-2 Press RF slightly in front of LF, Recover weight on LF while sweeping RF front to back
3&4 Cross RF behind LF, Turn ¼ L stepping LF fwd, Step RF fwd (12:00)
5& Step LF fwd, Flick R heel behind L knee
6& Step RF back, hook L heel in front of R knee
7&8 Step LF fwd, Close RF next to LF, Step LF fwd

[33-40] Kick & Rock & Kick & Rock & Cross & Cross & Cross, ¼ L

1&2& Kick RF fwd, Close RF next to LF, Rock LF to L side, Recover weight on R
3&4& Kick LF fwd, Close LF next to RF, Rock RF to R side, Recover weight on L
5&6& Cross RF over LF, Step LF to L, Cross RF over LF, Step LF to L
7-8 Cross RF over LF, Pivot ¼ L weighting L (9:00)

[41-48] Cross Samba x2, Step Pivot ½ L, Walk x2

1&2 Cross RF over LF, Rock LF to L, Recover weight on R
3&4 Cross LF over RF, Rock RF to R, Recover weight on L
5-6 Step RF fwd, Pivot ½ L (3:00)
7-8 Walk fwd R, L

[49-56] & Close ¼ L, Hold x3, (Back) Out Out, Hold x3

&1 Turn ¼ L while stepping R to R, Close LF next to RF (12:00)
2-3-4 Hold still in place for 3 counts (option to pose with arms/hands where comfortable) (weight L)
&5 Step back & out on RF, Step LF to L
6-7-8 Hold still in place for 3 counts (option to pose with arms/hands where comfortable) (shifting weight to R)

[57-64] Ball Step Fwd, Bounce x3 with ½ L, R Jazz Box

&1 Close LF next to RF, Step RF fwd
2-3-4 Bounce both heels x3 while turning $\frac{1}{2}$ L (weight L) (6:00)
5-6-7-8 Cross RF over LF, Step back on LF, Step RF to R, Step LF fwd

When starting dance facing 6:00 (walls 2, 4, 6), please replace the last 16 with the following:

[49-56] &Close with $\frac{1}{4}$ L, Bounce x4 (with "Madden" Arms), Sailor R, Sailor L

&1 Turn $\frac{1}{4}$ L while stepping R to R, Close LF next to RF (6:00) (Bounce body and begin arms on count 1)

2-3-4 Bounce body in place x3 more counts finishing with weight on L

****"Madden" Arms: Keep hands open, arms bent at the elbows. Start with L arm horizontal with L fingers touching R elbow. R fingers should be pointing to the sky (1). Switch arms so R arm is horizontal with R fingers touching L elbow. L fingers should be pointing to the sky (2). Repeat for counts 3, 4.**

5&6 Step RF behind LF, Step LF to L, Step RF to R

7&8 Step LF behind RF, Step RF to R, Step LF to L

[57-64] $\frac{1}{4}$ Pivot L x2, R Jazz Box

1-2 Step RF fwd, Pivot $\frac{1}{4}$ L (3:00)

3-4 Step RF fwd, Pivot $\frac{1}{4}$ L (12:00)

5-6-7-8 Cross RF over LF, Step back on LF, Step RF to R, Step LF fwd

Ending (Wall 7)

Begin dance facing 12:00. Dance through count 15, unwind $\frac{1}{2}$ L to face 12:00.
