

Boots 'n All

拍数: 80
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音乐: BOOTS 'N ALL - Kaylee Bell

墙数: 2

级数: Phrased High Intermediate



Intro: 8 counts

Restart during second wall (after 48th count).

Sequence: A- A - Tag 1-B-A - Tag 1- B-B - A - B- B- Tag 2 (or end)

Restarts:

-after A- A - Tag 1-B -A - Tag 1- B-B - A - B- B, restart after 24 counts of part B, so after hip bumps. Then A-B-B and end of dance

-after A- A - Tag 1-B -A - Tag 1- B-B - A - B- B, restart after 32 counts of part A, then B-B and end of dance.

PART A

[1-8] Rock step, weave, step turn x2

- 1-2 step to the right RF - put weight and recover on LF
- 3&4 step back RF - step left LF- step forward RF
- 5-6 step forward LF-1/4 turn to right (arriving at 3h) & hip movement (optional)
- 7-8 step forward LF-1/4 turn to right (arriving at 6h) & hip movement (optional)

[9-16] step turn x2 , shuffle, foot work

- 1 1/4 turn to the right (arriving at 9h) & step forward LF
- 2 weight on LF - 1/2 turn (arriving at 3h) & step back RF while turning
- 3 weight on RF - 1/2 turn (arriving at 9h) & step forward LF
- &4 RF step close to LF- step forward LF & quarter turn LF (facing 6h)
- 5 step back RF with 1/4 turn (facing 3h)
- 6 step back LF
- &7 RF close to LF- weight on RF, touch with heel with LF
- &8 L heel up and touch again with heel LF

[17-24] step x2, sailor step x2 , shuffle, stomp right

- 1 weight on LF, step forward RF
- 2 step close LF
- 3&4 RF behind LF- step LF on the left side (weight on LF) - step to the right RF recovering the weight
- 5&6 LF behind RF- step RF on the right side (weight on RF) - step to the left LF recovering the weight turning 1/8 (facing 1,5h)
- &7 RF close to LF- step LF always facing 1,5 h
- 8 stomp to the right RF with 1/4 turn (facing 12h)

[25-32] cross, step, kick, shuffle cross, foot work, slide

- 1&2 LF over RF-step to the side RF- Kick LF (facing 10,5h)
- &3&4 facing 12h, weight on LF- RF over LF- LF step to the side- RF over LF- LF step to the side
- 5 weight on LF, RF heel movement in and then facing 12h again
- 6 weight on RF, LF heel movement in and then facing 12h again
- 7 slide to the left diagonally going back LF
- 8 touch RF

[33-40] step turn, step, step behind

- 1-2 brush RF & step forward - weight on RF

- 3-4 LF step forward- 1/2 turn to the right (arriving at 6h) with weight on LF while turning & then recover weight on RF
- 5-6 step forward LF
- 7-8 1/2 turn to left with weight on LF (arriving at 12h) & step back RF

[41-48] foot work, coaster step & kick, jazz box

- &1-2 1/2 turn (arriving at 6h) with weight on RF & then step LF - 1/2 turn (arriving at 12h) with weight on LF & step back RF
- 3&4 step back LF- step together RF- kick LF forward
- 5 weight on LF, step forward RF turning 1/4 to the right
- 6 weight on RF, step LF back
- 7 weight on LF, step RF to the side
- 8 weight on RF, step LF over RF

TAG 1 - After second wall (2 A), after count 40, facing 6h:

[1-4] Step, step, stomp x2

- 1 1/2 turn to the left arriving at 12h + step forward LF
- 2 RF slide close to LF
- 3-4 stomp twice RF

PART B

[1-8] shuffle x2 , foot work, rock step

- 1&2 step to the right RF- LF close to RF- step to the right RF
- 3&4 1/2 turn to the left (arriving at 6h) keeping weight on RF, step LF forward- RF close to LFstep forward LF
- 5 weight on LF, RF step to the right + point touch LF behind RF
- 6 weight on LF, heel step RF
- 7-8 weight on RF, step forward LF - weight recover on RF

[9-16] shuffle, step turn, spins, stomp left, hold step

- 1&2 1/2 turn to the left & step Forward LF (facing 12h)- RF close to LF- step forward LF
- 3-4 step forward RF- 1/2 turn to the left (facing 6h) with weight on RF- recover weight on LF
- 5&6 step forward RF with 1/2 turn facing 12h- LF step forward with 1/2 turn facing 6h - step forward RF
- 7 stomp to the left LF
- 8 hold the position

[17-24] step, rock step, weave, hip bumps

- &1-2 RF step close to LF- LF step left side with weight on LF- RF weight recover
- 3&4 LF behind RF - RF step side - LF step cross RF
- 5-6 hip bounce from left to right
- 7-8 hip bounce from right to left

[25-32] jazz box, rocking chair

- 1 RF step over LF turning 1/4 to the right
- 2 LF step back turning 1/4 to the right (arriving at 12h)
- 3 RF step to the side
- 4 LF step forward
- 5-6 RF step forward & weight on RF- recover weight on LF (shoulders shake- optional)
- 7-8 LF step back& weight on LF- recover weight on LF (shoulders shake- optional)

N.B. count 5-6-7-8 of the sequence 25-32 of part B have to be done only after first sequence B of this dance. So, from the beginning: A- A - Tag 1-B -A - Tag 1- B-B - A - B- B

For the end, TAG 2, after the last part B:

- 1-4 spins ending in fifth position

- 1-2 weight on LF and 4/4 turn to the right- end with weight on RF
- 3-4 step forward LF, put weight on LF and 3/4 turn to the right - end with weight on RF + touch the hat (optional) ending in 5th position
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