

Será

拍数: 32 墙数: 1 级数: Absolute Beginner Bolero
编舞者: Andrés de la Rubia Albertí (ES) - June 2023
音乐: Será - Amistades Peligrosas
或: El Reloj - Luis Miguel
或: La Trenza - Mon Laferte
或: any bolero



[1-8] Rock, recover, back, hold, sweep, side, cross, hold

1-4 Rf foward, recover weight Lf, Rf back, Hold
5-8 Sweep Lf front to back, Rf to the right, Cross Lf over Rf, hold

[9-16] Diagonal Rock, recover, 1/2 turn right, Step foward, 3/8 turn right, side

1-4 Rf diagonal right foward, recover weight Lf, Rf 1/2 turn right, hold
5-8 Lf foward, 3/8 turn right, Lf to the left, hold (12:00)

[17-24] Mambo side right , mambo side left

1-4 Rf to the right, recover weight Lf, Rf next Lf, hold
5-8 Lf to the left, recover weight Rf, Lf next Rf, hold

[25-32] Sways (R&LR), hold, Sways (L&RL), hold

1-4 Rf to the right swing hips right, hips left, hips right, hold
5-8 Swing hips left, hips right, hips left, hold

Tag: Only El Reloj music 4^a wall

[1-4] Rock forward, Rock Back

1-4 Rf forward, recover weight Lf, Rf back, recover weight Lf
