

Bis Sekolah

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Tri Retno Sukeksi (INA) - May 2023
音乐: Bis Sekolah - Koes Plus



Restarts on Wall 3 & Wall 5, after 32 Counts.

Section 1. SHUFFLE RIGHT, KICK HOOK, SHUFFLE LEFT, KICK HOOK.

1&2 Step RF to Right, Step LF beside RF, Step RF to Right
3-4 Kick LF Forward, Bending knee Cross LF over RF
5&6 Step LF to Left, Step RF Beside LF, Step LF to Left
7-8 Kick RF forward, Bending knee Cross RF over LF.

Section 2. SHUFFLE FORWARD 2X. JAZZ BOX TURN R 1/4.

1&2 Step RF Forward, Step LF beside RF. Step RF Forward.
3&4 Step LF forward, Step RF beside LF, Step LF Forward.
5-6-7-8 Cross RF over LF, Step LF back, Step RF turn 1/4 to Right, Step LF forward.

Section 3 - (Repeat Section 1)

SHUFFLE RIGHT, KICK HOOK, SHUFFLE LEFT, KICK HOOK.

1&2 Step RF to Right, Step LF beside RF, Step RF to Right
3-4 Kick LF Forward, Bending knee Cross LF over RF
5&6 Step LF to Left, Step RF Beside LF, Step LF to Left
7-8 Kick RF forward, Bending knee Cross RF over LF.

Section 4 - (Repeat Section 2)

SHUFFLE FORWARD 2X. JAZZ BOX TURN R 1/4.

1&2 Step RF Forward, Step LF beside RF. Step RF Forward.
3&4 Step LF forward, Step RF beside LF, Step LF Forward.
5-6-7-8 Cross RF over LF, Step LF back, Step RF turn 1/4 to Right, Step LF forward.

Section 5. TOUCH FORWARD, SIDE, COASTER STEP, TOUCH FORWARD, SIDE, COASTER STEP TURN 1/4 TO LEFT.

1-2-3&4 Touch RF forward, Touch RF to Right, Step RF Back, Step LF beside RF, Step RF forward
5-6-7&8 Touch LF forward, Touch LF to Left, Step LR turn L 1/4 back, Step RF beside LF, Step LF
forward.

Section 6. RIGHT VINE, LEFT VINE

1-2-3-4 Step RF to Right, Cross LF behind RF, Step RF to Right, Touch LF beside RF
5-6-7-8 Step LF to Left, Cross RF behind LF, Step LF to Left, Touch RF Beside LF.

Section 7. V STEP (OUT OUT, IN IN), 2X

1-2-3-4 Step RF to Right diagonal forward, Step LF to Left diagonal forward, Step RF back to center,
Step LF beside RF.
5-6-7-8 (Repeat Step 1-4) Step RF to Right diagonal forward, Step LF to Left diagonal forward, Step
RF back to center, Step LF beside RF.

Section 8. BACK DIAGONAL RIGHT, TOUCH, BACK DIAGONAL LEFT, TOUCH. 2x

1-2-3-4 Step RF to Back Diagonal Right, Touch LF beside RF. Step LF Back Diagonal Left, Touch
RF Beside LF
5-6-7-8 (Repeat step 1-4) Step RF to Back Diagonal Right, Touch LF beside RF. Step LF Back
Diagonal Left, Touch RF Beside LF.

Happy Dancing for Healthy

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