

# Side Effect

拍数: 64      墙数: 4      级数: Improver  
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音乐: Side Effects - Becky Hill & Lewis Thompson



#16 counts in

## FORWARD BOUNCE 2X

1 2 3 4      Step forward R slight angle, step together L, bounce both heels 2x

### Restart here (wall 3)

5 6 7 8      Step forward L, step together R, bounce both heels 2x

(Style on bounces: as you come up spread knees apart, as you go down close knees).

## CROSS ROCK, SIDE ROCK, WEAVE, SIDE ROCK, ¼ WEAVE

1&2&      Cross R over L, recover back L, step side R, recover side L

3&4      Cross R behind L, step side L, cross R over L

5 6 7&8      Step side L, recover side R, cross L behind R, step side R, Step R ¼ R, step forward L

## FORWARD OUT OUT HOLD, ROLL HIPS, BACK BACK HOLD, ROLL HIPS

&1 2 3 4      Step forward R, step out L, hold, roll hips counterclockwise

&5 6 7 8      Step back R, step out L, hold, roll hips counterclockwise

## WALK, WALK, 2 STAMPS, ¼ MONTERAY

1 2 3 4      Step forward R, step forward L, stamp R next L 2x (weight still on L)

5 6 7 8      Touch R toe to the side, bring R in as you turn ¼ R step R, touch L toe side, together L

## SIDE ROCK, SIDE ROCK, CROSS OVER, CROSS OVER

1 2&3 4&      Step side R, recover side L, together R, step side L, recover R, together L

5 6&7 8&      Cross R over L, step back L, ball R next L, step L over R, step back R, ball L next R

## ROCK BACK, ¼ PIVOT 2X, SAILOR

1 2 3 4      Step back R, recover forward L, step forward right, ¼ L (weight on L)

5 6      Step forward right, ¼ L (weight on L)

7&8      Step R behind L, ball L next R, step side R slight angle R

## CROSS OVER, COASTER, COASTER, COASTER

1 2 3&4      Cross L over R, step R slight angle L, step back L, together R, step forward L,

5&6      Step forward R, together L, step back R slight angle L

7&8      Step back L, together R, step forward L slight angle L

## CROSS OVER, COASTER, COASTER, ¼ ROCK BACK

1 2 3&4      Cross R over L, step L slight angle R, step back R, together L, step forward R

5&6 7 8      Step forward L, together R, step back L, ¼ back R, recover forward L

## REPEAT

### NOTE: FIRST 8 COUNTS OPTIONS:

KNEE POPS ON COUNTS 3 4 PUSH R KNEE IN, PUSH L KNEE IN 7 8 PUSH L KNEE IN, PUSH R KNEE IN OR ROLL KNEES L, R COUNTS 3 4 ROLL KNEES R, L COUNTS 7 8

Last Update - 12 June 2023