

Higher Than This

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Malene Jakobsen (DK) - May 2023
音乐: On Top of the World - Brian Callihan : (iTunes - Single)



Intro: 16 counts from the beginning 10 sec. seconds into track - dance begins with weight on L

Restarts: There are 2 restarts, both happen facing 6.00.

First restart happens on wall 3 after 16 counts,

Second restart happens on wall 6 after 8 counts

[1-8] Cross rock, shuffle 1/4, 1/4, behind, chasse R

1-2 (1) Rock R across L, (2) recover onto L 12.00
3&4 (3) Turn 1/4 R stepping fwd. on R, (&) step L next to R, (4) step fwd. on R 3.00
5-6 (5) Turn 1/4 R stepping L to L, (6) cross R behind L 6.00
7&8 (7) Step L to L, (&) step R next to L, (8) step L to L 6.00

NOTE Then second restart is here, you'll be facing 6.00

[9-16] Cross, side, touch, ball cross, 1/4, 1/4

1-2 (1) Cross R over L, (2) step L to L 6.00
3&4 (3) Touch R next to L, (&) step R next to L, (4) cross L over R 6.00
5-6 (5) Turn 1/4 L stepping back on R, (6) step L next to R 3.00
7-8 (7) Step fwd. on R, (8) turn 1/4 L 12.00

NOTE The first restart is here, you'll be facing 6.00

[17-24] Cross, side, behind, point, cross, side behind, point

1-2-3-4 (1) Cross R over L, (2) step L to L, (3) cross R behind L, (4) point L to L 12.00
5-6-7-8 (5) Cross L over R, (6) step R to R, (7) cross L behind R, (8) point R to R 12.00

[25-32] Cross, 1/4, chasse, cross, side, behind, side, cross

1-2 (1) Cross R over L, (2) turn 1/4 R stepping back on L 3.00
3&4 (3) Step R to R, (&) step L next to R, (4) step R to R 3.00
5-6 (5) Cross L over R, (6) step R to R 3.00
7&8 (7) Cross L behind R, (&) step R to R, (8) cross L over R 3.00

[33-40] Monterey 1/4, side rock, cross, Monterey 1/4, side rock, cross

1-2 (1) Point R to R, (1) on ball on L make 1/4 R bringing R next to L 6.00
3&4 (3) Rock L to L, (&) recover onto R, (4) cross L over R 6.00
5-6 (5) Point R to R, (6) on ball on L make 1/4 R bringing R next to L 9.00
7&8 (7) Rock L to L, (&) recover onto R, (8) cross L over R 9.00

[41-48] Side, behind, side, cross rock, 1/4. 1/4

1-2-3-4-5 (1) Step R to R, (2) cross L behind R, (3) step R to R, (4) rock L across R, (5) recover onto R 9.00
6-7-8 (6) Turn 1/4 L stepping fwd. on L, (7) step fwd. on R, (8) turn 1/4 L – weight on L 3.00