

Are You Ready for the Country?

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: JW Spurlock (USA) - April 2023
音乐: Are You Ready for the Country - Waylon Jennings



Intro - 16 count, weight on L foot
No restarts, no tags

R + L Toe taps, R foot stomp

- 1-2 R toe tap, return to center
- 3-4 L toe tap, return to center
- 5-6 R toe tap, return to center
- 7-8 R foot stomp (2x)

Step, Slap R Heel, Slap L Heel, Step Back

- 1-2 Walk two steps forward (R foot first)
- 3-4 Hook R heel behind L knee, slap with L hand
- 5-6 Hook L heel behind R knee, slap with R hand
- 7-8 Walk two steps backward, (R foot first)

Weave L, Weave R

- 1-2 Cross R leg in front of L, Step L with L leg
- 3-4 Step behind L leg with R leg, Point L toe to the L
- 5-6 Cross L leg in front of R, Step R with R leg
- 7-8 Step behind R leg with L leg, Point R toe to the R

Rock & Recover, Rock R with 1/4 turn L, Rock & Recover, Step in place

- 1-2 Rock forward with R foot and recover back on the L
 - 3-4 Begin 1/4 turn L, rocking R with the R foot and recovering on the L foot
 - 5-6 Rock forward with R foot and recover back on the L
 - 7-8 Step in place (R foot first then L foot)
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