

Psychedelia Does Disco

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Beginner
编舞者: Rex Allott (UK) - June 2023
音乐: White Rabbit (Kaz James & Nick Morgan Remix) - Jefferson Airplane



Intro - 16 beats

Tag.

S1. Right toe fwd, return, out, return, back, return, out, return

- 1-2. Point R toe fwd, return
- 3-4. Point R toe out R, return
- 5-6. Point R toe back, return
- 7-8. Point R toe out R, return

S2. Left toe fwd, return, out, return, back return, out, return

- 1-2. Point L toe fwd, return
- 3-4. Point L toe out L, return
- 5-6. Point L toe back, return
- 7-8. Point L toe out L, return

S3. Syncopated vine L, turning vine R

- 1-2. Step L to L, step R behind L
- &3-4. Step L to L, step R across L, step L to L
- 5-6. Step R to R, step L behind R
- 7-8. Making a full turn L, step R across L, L behind R

S4. Syncopated vine R, turning vine L

- 1-2. Step R to R, step L behind R
- &3-4. Step R to R, step L across R, step R to R
- 5-6. Step L to L, step R behind L
- 7-8. Making a full turn R, step L across R, R behind L

Main dance.

S1. V step x 2

- 1-2. Step R diagonally out R, step L diagonally out L
- 3-4. Step R back, step L next to R
- 5-8. Rpt 1-4

S2. Jazz box R

- 1-2. Step R to R, step L next to R
- 3-4. Step R back, step L next to R
- 5-6. Step L to L, step R next to L
- 7-8. Step L fwd, step R next to L

S3. Jazz box L

- 1-2. Step L to L, step R next to L
- 3-4. Step L back, step R next to L
- 5-6. Step R to R, step L next to R
- 7-8. Step R fwd, step L next to R

S4. V step x 2

Rpt S1.

S5. Back toe slides x 4

- 1-2. Lifting R heel drag R toe back
- 3-4. Lifting L heel drag L toe back
- 5-8. Rpt 1-4

S6. Rock step fwd, back, full walking turn R

- 1-2. Rock fwd on R, return weight to L
- 3-4. Rock back on R, return weight to L
- 5-8. Making full turn R, step L, R, L, R

S7. Step diagonally back R x 2, diagonally back L x 2

- 1-2. Step R diagonally back R, step (slide if you like) L next to R
- 3-4. Rpt 1-2
- 4-5. Step L diagonally back L, step (slide if you like) R next to L
- 7-8. Rpt 4-5

S8. Prissy steps fwd x 4

- 1-2. Cross L over R, pause
- 3-4. Cross R over L, pause
- 5-8. Rpt 1-4

S9. Step diagonally back L x 2, diagonally back R x 2

- 1-2. Step L diagonally back L, step (slide if you like) R next to L
- 3-4. Rpt 1-2
- 5-6. Step R diagonally back R, step (slide if you like) L next to R
- 7-8. Rpt 5-6

S10. Prissy steps fwd x 4

- 1-2. Cross R over L, pause
- 3-4. Cross L over R, pause
- 5-8. Rpt 1-4

S11. Rock step back, fwd, 1/4 cross mambo turn R

- 1-2. Rock back on R, return weight to L
- 3-4. Rock Fwd on R, return weight to L
- 5-6. Cross R over L, step L on the spot
- 7-8. Turning 1/4 R step R to R, step L next to

S12. Heel digs R, L, 1/4 cross mambo turn R

- 1-2. Tap R heel diagonally fwd, return
- 3-4. Tap L heel diagonally fwd, return
- 5-6. Cross R over L, step L on the spot
- 7-8. Turning 1/4 R step R to R, step L next to R

Start with tag, then tag after 3rd S6. There's a pause in the music after 2nd tag, just keep going with main dance.

Replace 1/4 cross mambo turns in final S11. & S12. with cross mambo to finish facing 12 o'clock
