

Flashdance ...What a Feeling

COPPER KNOB
BY STEPHEN T. S.

拍数: 32 墙数: 4 级数: Beginner
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音乐: Flashdance...What a Feeling - Irene Cara : (Re-Recorded)



No Tag & No Restart

S1. V STEP (TWICE)

- 1-4 Step RF diagonal forward R, Step LF diagonal forward L, Step RF back to centre, Step LF beside RF
5-8. Repeat (1-4)

S2. TOE STRUT - ¼R. JAZZ BOX

- 1-4. Touch RF forward, Step RF back to centre, Touch LF forward, Step LF beside RF
5-8. Cross RF over LF, Turn ¼R. Step LF back, Step RF to R, Step LF beside RF

S3. KICK BALL - TOUCH SIDE, ROCKING CHAIR

- 1&2 Kick RF fwd, Step RF beside LF, Touch LF to L
3&4 Kick LF fwd, Step LF beside RF, Touch RF to R
5-8. Rock RF forward- Recover on LF- Rock RF bwd- Recover on LF

S4. ½L. PIVOT - FORWARD SHUFFLE, ½R. PIVOT - FORWARD SHUFFLE

- 1-2. Step RF fwd , Step LF in place
3&4. Step RF fwd, Step LF beside RF, Step RF fwd
5-6. Step LF fwd, Step RF in place
7&8. Step LF fwd, Step RF beside LF, Step LF fwd

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