Hips Don't Lie

级数: Intermediate

编舞者: David Ang (MY) - June 2023

音乐: Hips Don't Lie (feat. Wyclef Jean) - Shakira

Intro: 16 counts (approx 10 sec)

Notes: Restarts on Wall 2, Wall 7 and Wall 10 after 16 counts. 4 count Tag on Wall 9 after 16 counts then Restart

[1 - 8] R - L Samba Whisk, R - L Diagonal Lock Step Forward

- 1 a 2 Step R to R (1), rock ball of L behind R (a), recover on R (2) 12:00
- 3 a 4 Step L to L (3), rock ball of R behind L (a), recover on L (4) 12:00
- 5 a 6 Step R forward to R diagonal (5), lock L behind R (a), step R forward (6) 1:30
- 7 a 8 Step L forward to L diagonal (7), lock R behind L (a), step L forward (8) 10:30

[9 - 16] R - L Hips Roll, Weave, Sweep, Back, ¼ R Step Forward R - L

- 1 2 a Press R toes forward (1), roll hips CW (2), touch R toes next to L and shift weight to R (a) 12:00
- 1 4 a Press L toes forward (3), roll hips CCW (4), touch L toes next to R and shift weight to L (a) 12:00
- 5 a 6 Cross R over L (5), step L to L (a), step R behind L sweeping L around from front to back (6) 12:00
- 7 a 8 Step L behind R (7), ¼ turn R step R forward (a), step L forward (8) 3:00
- * Restart here on Wall 2, 7 and 10, start the dance facing 6:00, 9:00 and 6:00 respectively

* On Wall 9 dance the Tag here then Restart facing 3:00

[17 - 24] R - L Corta Jaca

- 1 2 a Big step R forward (1), step L heel forward (2), recover on R (a) 3:00
- 3 a 4 a Step back ball of L (3), recover on R (a), step L heel forward (4), recover on R (a) 3:00
- 5 6 a Big step L back (5), step back ball of R (6), recover on L (a) 3:00
- 7 a 8 a Step R heel forward (7), recover on L (a), step back ball of R (8), recover on L (a) 3:00

[25 - 32] R – L Botafogo, Volta, 1/2 Turn L 2x

- 1 a 2 Cross R over L (1), step L to L side (a), step R to R diagonal (2) 3:00
- 3 a 4 Cross L over R (3), step R to R side (a), step L to L diagonal (4) 3:00
- 5 a 6 Cross R over L (5), step L beside R (a), cross R over L (6) 3:00
- 7 a 8 ¹/₂ L turn step L forward (7), ¹/₂ L turn step R next to L (a), step L forward (8) 3:00

TAG: Prissy Walk R-L-R-L

1 – 4 Step R forward slightly crossing L (1), step L forward slightly crossing R (2), Repeat 1 – 2 (3 – 4) 3:00

Ending: On Wall 13 (12:00), dance up to Count 14, then step L behind R (7), step R to R side (a), cross L over R (8), take a big step R to R side dragging L towards R to finish the dance





拍数: 32

墙数:4