You and Beer



拍数: 32

级数:

编舞者: Agnes Gauthier (FR) & Moni Hartmann (DE) - 14 April 2023

音乐: Country Music, You And Beer - Brooke McClymont & Adam Eckersley



Start (16 sec)

[1-8] Walk, walk (RF,LF), RF full turn left, LF step back with Sweep, RF step back with sweep , LF coaster

- step
- 1 2 RF forward, LF forward
- 3 & 4 RF forward, ¹/₂ turn left, weight on LF, ¹/₂ turn left and RF back

墙数: 2

- 5 6 LF back with sweep, RF back with sweep
- 7 & 8 LF back, RF next to LF, LF forward (12 h)

[9 – 16] Side rock cross R+ L, RF side ¼ turn L, LF side ¼ turn L, RF cross shuffle

- 1 & 2 RF Rock right, weight back on LF, RF cross over LF
- 3 & 4 LF rock left, weight back on RF, LF cross over RF
- 5 6 1/4 turn left, RF back, 1/4 turn left, LF left (6 h)
- 7 & 8 RF cross over LF, LF next to RF, RF cross over LF

[17 – 24] LF side rock with sway, LF behind, ¼ turn R RF step fwd, LF step fwd , RF point side, LF point side, RF toe heel stomp fwd

- 1 2 LF rock left with sway, weight back on RF (with movement of the hips left to Right)
- 3 & 4 LF cross behind RF, ¼ turn right RF forward, LF forward

#9.Wall Ending...1/4 turn right RF forward

- 5 & 6 RF point right, RF next to LF, LF point left
- &7 & 8 RF next to LF, RF point next LF, RF heel in front, Stomp RF forward

[25 - 32] LF Mambo 1/4 turn L, sway, sway, RF vaudeville, LF vaudeville

- 1 & 2 LF rock forward, weight back on RF, ¼ turn left LF left,
- 3 4 swing the hips right , swing the hips left

Restart: Walls 3. and 6.

- 5 & 6 RF cross over LF, LF left, heel right diagonal in front right (6h)
- &7& 8& RF next to LF, LF cross over RF, RF right, heel left diagonal in front left, LF next to RF (6h)