

Synchronize

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Synchronize - Milky Chance



Intro: 8 counts

Side step, Rock L Fwd., Back, Back, Fwd. Step L/R, Repeat Going L

- 1-8 Step R to R side, Touch L to R, Rock L fwd. Return back to R, Rock L back, return fwd. on R,
Step on L, Step on R
- 1-8 Step L to L side, Touch R to L, Rock R fwd. Return back to L, Rock back R, Return L fwd.
Step on R, Step on L

Cross Point Fwd. Jazz Box ¼ R

- 1-4 Step R fwd. Point L to L side, Step L fwd. Point R to R side
- 5-8 Step R over L, Step back on L turning ¼ R, Step on R, Step on L

Sway Hips R 2x's, L 2x's, Hop Fwd. 2c's, Hop Back 2 c's

- 1-8 Sway Hips R 2x, L 2x, Hop Fwd. Clap, (1-2) Hop Back, Clap (3-4) (if you don't want to hop,
Step R fwd. Step L next to R, Step R back, Step L to R)

That's it! Hope you like it! Once you learn the first section, it's easy.

Please do not alter routine without my permission. mygeo@adamswells.com or mygrantg@gmail.com
