

# Out For The Weekend

COPPERKNOB  
BY STEPHENETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Amund Storsveen (NOR) - May 2023  
音乐: Chasing Rainbows - The High Kings



Intro: 16 counts - BPM: 118. (2+2 walls)

Sequence: 32, TAG, 32, 16 (restart), 32, TAG, 32, 16 (restart), 32, 32, 32.

**[1-8] R ROCK FORWARD, RECOVER, R SHUFFLE ½ TURN RIGHT, L ROCK FORWARD, RECOVER, L SHUFFLE ¼ TURN LEFT**

1-2                      R rock forward (1); Recover onto L (2)  
3&4                     ¼ turn right stepping R to right (3); Step L next to R (&); ¼ turn right stepping R forward (4)  
5-6                     L rock forward (5); Recover onto R (6)  
7&8                     ¼ turn left stepping L to left (7); Step R next to L (&); Step L to left (8)

**[9-16] WEAVE LEFT, R & L HEEL JACKS, TWIST HEELS RIGHT, CENTER**

1-2-3                    R cross over L (1); Step L to left (2); Step R behind L (3)  
&4&5                    Step L slightly back on left diagonal (&); Touch R heel to right diagonal (4); Step R next to L (&); Step L over R (5)  
&6&7                    Step R slightly back on right diagonal (&); Touch L heel to left diagonal (6); Step L next to R (&); Step forward (7)  
&8                        Twist both heels right (&); Twist both heels back to center (8) (weight ends on left)\*

**\*) Restart here in wall 3 (facing 3 o'clock) and wall 6 (facing 6 o'clock)**

**[17-24] R SHUFFLE FORWARD, PIVOT ½ RIGHT, L SHUFFLE FORWARD, R SHUFFLE ½ TURN LEFT**

1&2                     Step R forward (1); Step L next to right (&); Step R forward (2)  
3-4                     Step L forward (3); Pivot ½ turn right weight on R foot (4)  
5&6                     Step L forward (5); Step R next to right (&); Step L forward (6)  
7&8                     ¼ turn left stepping R to right side (7); Step L next to right (&); ¼ turn left stepping R back (8)\*

**[25-32] L SHUFFLE ½ TURN LEFT, PIVOT ¼ LEFT, R JAZZBOX**

1&2                     ¼ turn left stepping L to left side (1); Step R next to left (&); ¼ turn left stepping L forward (2)\*

**\*) Easier option on count 23-26: Shuffle forward RLR-LRL**

3-4                     Step R forward (3); Pivot ¼ turn left weight on L foot (4)  
5-8                     Cross R over left (5); Step L back (6); Step R to right side (7); Step L forward (8)

**TAG: 8 COUNT TAG – danced after wall 1 (facing 6 o'clock) and wall 4 (facing 9 o'clock).**

1-2                     R rock forward (1); Recover onto L (2)  
3&4                     ¼ turn right stepping R to right (3); Step L next to R (&); ¼ turn right stepping R forward (4)  
5-6                     Step L forward (5); Pivot ½ turn right weight on R foot (6)  
7&8                     Step L forward (7); Hold and clap (&); Touch R next to left and clap (8)

Amund Storsveen – [amund.storsveen@komogdans.no](mailto:amund.storsveen@komogdans.no).