

# Forget You

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 4      级数: Advanced  
编舞者: Hiroko Carlsson (AUS) - May 2023  
音乐: Forget You - FAST BOY & Topic : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information.

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(Intro: 16 counts)

## [S1] Side Rock, Behind-1/4L-Step-Pivot 1/2L-1/4L w/ Dip-Kick, Behind Rock

1 2            Rock R to the side, Replace weight on L  
3&4&        Step R behind L, Make a ¼ turn left stepping forward on L (9:00), Step forward on R, Make a ½ turn left recover weight on L (3:00)  
5 6            Make a ¼ turn left stepping R to the side / dip down slightly (12:00), Kick L diagonally forward  
7 8            Rock L behind R, Replace weight on R

## [S2] Side Rock, Behind-1/4R-Step-Pivot 1/2R-1/4R, 1/4R, Behind Rock

1 2            Rock L to the side, Replace weight on R  
3&4&        Step L behind R, Make a ¼ turn right stepping forward on R (3:00), Step forward on L, Make a ½ turn right recover weight on R (9:00)  
5 6            Make a ¼ turn right stepping L to the side (12:00), Weight on both feet making a ¼ turn right (twist both heels to the right facing 3:00)  
7 8            Rock R behind L, Replace weight on L

-Restart here on Wall 4 (12:00)

## [S3] R Corner Fwd Rock, Behind-Side-Cross-L Corner Fwd Rock, Behind, 1/4R, Side

1 2            Facing 4:30- Rock forward on R, Replace weight on L -square up to 3:00  
3&4            Step R behind L, Step L to the side, Cross R over L  
&5            Facing 1:30- Rock forward on L, Replace weight on R -square up to 3:00  
6 7 8         Step L behind R, Make a ¼ turn right stepping forward on R (6:00), Step L to the side

## [S4] Slow Sailor into Side Rock-Fwd-Fwd Rock, Side Rock, Behind-

1 2 3         Step R behind L, Step L to the side, Step/rock R to the side  
&4&5         Replace weight on L, Step forward on R, Rock forward on L, Replace weight on R  
6 7 8         Rock L to the side, Replace weight on R, Step L behind R

## [S5] -1/4R Shuffle Fwd, Paddle Turn 1/4R-Cross Shuffle, Side Rock, Cross

1&2 -         Making a ¼ turn right shuffle forward on R-L-R (9:00)  
3&            Step forward on L, Make a ¼ turn right recover weight on R (12:00)  
4&5            Cross L over R, Step R close to L, Cross L over R  
6 7 8         Rock R to the side, Replace weight on L, Cross R over L

## [S6] 1/4L Shuffle Fwd, Chase Turn 1/2L-Shift Shuffle, Back Rock-1/2R

1&2 -         Making a ¼ turn left shuffle forward on L-R-L (9:00)  
3&            Step forward on R, Make a ½ turn left recover weight on L (3:00)  
4&5            Side shuffle to the right on R-L-R  
6 7 8         Rock back on L, Replace weight on R, Make a ½ turn right stepping back on L (9:00)

## [S7] Back Rock, Chase Turn 1/2L-Fwd Coaster into Back Rock, Step-Pivot 3/4L-

1 2            Rock back on R, Replace weight on L  
3&4&        Step forward on R, Make a ½ turn left recover weight on L (3:00), Step forward on R, Step L next to R  
5 6            Rock back on R, Replace weight on L

7 8 Step forward on R, Make a  $\frac{3}{4}$  turn left recover weight on L (6:00)

**[S8] -Point, Hold-&, Point-&-Point-&, Double Heel-&, Heel, Flick 1/4L**

1 2& Point R to the side, Hold, Step R next to L

3&4& Point L to the side, Step L next to R, Point R to the side, Step R next to L

5 6& Touch forward on L heel twice (5 6), Step L next to R

7 8 Touch forward on R heel, Make a  $\frac{1}{4}$  turn left on L foot/flick back on R (3:00)

**Tag; At End of Wall 2 (6:00)– Side Rock, Back Rock**

1 2 3 4 Rock R to the side, Replace weight on L, Rock back on R, Replace weight on L

**Restart on Wall 4 Count 16 (12:00)**

**Ending suggestion: The last Wall starts facing 3:00. Dance up to count 16 (6:00).**

**Make a  $\frac{1}{2}$  pencil turn left on ball of L foot, stepping forward on R (12:00)**

**(updated: 24/May/23)**

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