

# F.O.M.O

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 2                      级数: Intermediate  
编舞者: Kelly Cavallaro (USA) - May 2023  
音乐: Fear of Missing Out (F.O.M.O) - Alex Smith



Dance start 32 counts in after music start (roughly to 14 second mark)

**[1 - 8] SHUFFLE R, ROCK RECOVER, SHUFFLE L WITH 1/4 TURN, ROCK RECOVER**

1&2,3,4                      Shuffle R,L,R to R , rock L back, recover on R  
5&6,7,8                      Shuffle L,R,L to L while making a 1/4 turn to R (3:00), rock R back, recover on L (3:00)

**[9 - 16] STEP POINT X2, TOUCH FORWARD, TOUCH SIDE, TURNING SAILOR**

1,2,3,4                      Step R forward, touch L out to L, step L forward, touch R out to R  
5,6,7&8                      Touch R forward, touch R to R, sailor step R,L,R making a 1/4 turn to R (6:00)

**[17 - 24] KICK FORWARD, KICK BACK, 1/2 TURN HITCH, STEP, SHUFFLE FORWARD X2**

1,2,3,4                      Kick L forward, kick L back, hitch L while making 1/2 turn to L, step on L (12:00)  
5&6,7&8                      Shuffle forward R,L,R, shuffle forward L,R,L (12:00)

**[25 - 32] ROCK RECOVER, 1 1/2 TURN, KICK X2**

1,2                              Rock R forward, recover on L  
3,4,5,6                      Step R making 1/2 turn to R, step L making 1/2 turn to R, step R making 1/2 turn to R, step L (6:00)  
7,8                              Kick R forward twice (6:00)

**[33 - 40] STEP, SLIDE, HEEL BOUNCES X2, SHUFFLE FORWARD X2**

1,2,3,4                      Step R back making 1/8 turn to R (7:30), slide L to R, bounce heels x2 (weight ends on L) (7:30)  
5&6,7&8                      Shuffle forward R,L,R, shuffle forward L,R,L (7:30)

**[41 - 48] 1/2 TURN PIVOT, SHUFFLE W/ 1/2 TURN, ROCK RECOVER, SHUFFLE FORWARD**

1,2                              Step forward R, make 1/2 turn over L shoulder stepping on L (1:30)  
3&4                              Shuffle forward R,L,R while making a 1/2 turn to L over L shoulder (7:30)  
5,6,7&8                      Rock L back, recover forward on R, shuffle forward L,R,L

**(Make 1/8 turn to L squaring up to restart the dance)**

**Tags AFTER WALL 1 AND WALL 4**

1,2,3,4                      Jazz box (Cross R over L, step L back, step R to R, step L forward)

**(Will be facing 6:00 for the first tag and 12:00 for the second)**

Last Update - 18 June 2023