

Banjo Boogie

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner / Contra
编舞者: Dan Moon (USA) - May 2023
音乐: Banjo! (feat. Cowboy Troy) (Remix) - HardNox



Heels, Heel Switches, Claps

1, 2 - R heel x 2
3, 4 - L heel x 2
5,6,7 - R heel, L heel, R heel
&8 - Clap 2x

Mambo, Stomp, Shake

1&2 - Step R out, weight onto L, step R together
3&4 - Step L out, weight onto R, step L together
5,6 - Stomp R, stomp L
7,8 - Shake

Triple Steps, Pivot

1&2 - Triple fwd R L R
3&4 - Triple fwd L R L
5,6 - Step R fwd, 1/2 turn pivot (over L shoulder) *Facing 6 o'clock
7&8 - Triple fwd R L R

Triple, Pivot, Box Step

1&2 - Triple fwd L R L
3,4 - Step R fwd, 1/2 turn pivot (over L shoulder) *back to 12 o'clock
5,6,7,6 - Box step

Optional EZ change for second 8 count: To make it easy for ultra beginners, instead of doing mambo:

1,2 - Point R out, recover
3,4 - Point L out, recover

*****This dance is MUCH more fun contra style, where you can high five those across from you for the claps. Demo video is contra!**

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