

Lindys and Jazz Boxes

拍数: 32 墙数: 4 级数: Beginner
编舞者: S.M. Fulton (USA)
音乐: Rolling in the Deep - Adele
或: Proud Mary - Creedence Clearwater Revival
或: What's Love Got To Do With It - Tina Turner



#8-count intro, no tags or restarts

Alt: Proud Mary by Creedence Clearwater Revival – 24-count intro, no tags or restarts

Section 1: Lindy to right, lindy to left

1&2 3 4 Chasse to the right, rock back L, recover R

5&6 7 8 Chasse to the left, rock back R, recover L

Section 2: Right and left side mambos, 2 x one/eighth pivots to the left

1&2 3&4 R side rock, recover L, step R, L side rock, recover R, step L

5 6 7 8 Forward R, pivot one-eighth (10:30), forward R, pivot one-eighth (9:00)

(Option for counts 1-4: R point to side, step R next to L, L point side, step L next to L. For 1-5, try quarter mambo, side mambo.)

Section 3: Walk R-L-R forward, point, back x 3, point

1 2 3 4 Walk forward R, L, R, touch or point forward

5 6 7 8 Walk back L, R, L, point back slightly in preparation for turning jazz boxes

(Option: Shuffle forward, forward rock, shuffle back, back rock)

Section 4: 2 x quarter turn jazz boxes

1 2 3 4 Make a quarter turn to 12:00 as you do a jazz box

5 6 7 8 Do a second quarter turn jazz box (3:00)

(Option: Don't turn on either jazz box.)

Last Update: 28 Oct 2023
