He Set Her Off



音乐: He Set Her Off - Emily Ann Roberts



Dance begins after 16 counts.

[1-8] BOX STEP, x2, CROSS SHUFFLE, TURN, TURN

1 & 2	Cross L over R, Step R back, Step L to side,
3 & 4	Cross R over L, Step L back, Step R to side,

- 5 & 6 Cross L over R, Step R slightly to right, Cross L over R,
- 7, 8 1/4 turn over Left shoulder, continue turning 1/2 turn (finish the turn while sliding Right into 1)

[9-16] SIDE TRIPLE, KICK BALL CROSS, SLIDE LEFT, KICK BALL CROSS

1 & 2	Step R to Right, Step L next to Right, Step R to Right,
3 & 4	Kick L forward, touch L next to R, Cross R over L,

5, 6 Slide L to side, touch R next to L,

7 & 8 Kick R forward, touch R next to L, Cross L over R.

[17-24] MONTEREY TURN, TURNING HEEL AND TOE SYNCOPATION, SCUFF

1, 2	Point R to right, ½ right turn stepping R next to L (6:00),
· , -	1 on the tree right, 72 right turn otopping it note to = (0.00),

3, 4 Point L to Left, step L next to R,

5 & 6 R heel forward, turn ½ right stepping R, point left toe back (9:00),

&7 &8 Step L next to R, point R toe back, turn ¼ stepping R next to L, scuff L forward (12:00).

[25-32] SUFFLE FORWARD X2, ROCK RECOVER, STEP BACK, HALF TURN

1 & 2	Step L forward, step R next to L, Step L forward,
3 & 4	Step R forward, step L next to R, step R forward,

5, 6 Rock L forward, recover R,

7, 8 Step L toe back, left ½ turn, weight on L (6:00).

[33-40] TOE HEEL STOMP X2, OUT-OUT, IN-IN, OUT-OUT, CLAP CLAP

1 & 2	Touch R toe together, touch R heel together, stomp R forward,
3 & 4	Touch L toe together, touch L heel together, stomp L forward,
0 = 0 0	01

&5 &6&7 &8Step R out, Step L out, Step R in, Step L in,&7 &8Step R out, Step L out, Clap hands twice for &8.

[41-48] SAILOR STEP, STEP TURN, MAMBO FORWARD, TOE BACK, TURN

1 & 2	Cross R behind L	∠ with ¼ riaht turn	(9:00), step L	. toaether. st	ep R forward.

3, 4 Step L forward, turn ½ right (3:00),

5 & 6 Press weight forward on R foot, recover weight to L foot, Replace R foot next to L foot,

7, 8 Step R toe back, turn 1/4 right putting your weight on your R (6:00).

TAG (2 STEPS) - STOMP X2

1, 2 L stomp, R stomp.

[1-8] SYNCOPATED ROCK X2, STEP TOE TOUCH X3, CLAP

1, 2 &	Rock L to L side, recover onto R, close L next to R,
3, 4 &	Rock R to R side, recover onto L, close R next to L,

- 5 & 6 Touch L toe forward, bring L next to R, Touch R toe forward,
- & 7, 8 Bring R next to L, L toe forward, clap.

^{*} The turn is not segmented steps, is just a continuous quick turn while sliding into 1.

NOTE: TAGS ARE AT THE BEGINNING OF WALL 3 AND 5 AFTER 40 COUNTS.

(The first tag will be the 2 counts of stomps plus 2 sets of the 8 counts.) (The second tag will be the 2 counts stomps plus one set of the 8 counts).

At end on Wall 7 after 40 counts, Stomp Tag (2 counts) plus Kick (1 count)

1, 2 L stomp, R stomp.

3 L kick

END

Questions? Contact Fernando Garcia and Mark Evans at directors@mavericksdancefoundation.org.

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