

10 Out of 10

拍数: 32 墙数: 4 级数: Improver
编舞者: Blaire Morgan (UK) & Grace David (KOR) - May 2023
音乐: 10 Out Of 10 (feat. Kylie Minogue) - Oliver Heldens



Intro: 16C

SEC 1: WALK, WALK, BALL 1/4 CROSS, KNEE POP, PRESS SIDE-RECOVER, BEHINDSIDE, CROSS

1 2 Step RF Fwd, Step LF Fwd
&3&4 Step RF on ball, Turn 1/4 to L crossing LF over RF, Push Knees Fwd lifting both heels, Drop heels as you straighten knees (9:00)
5 6 Press RF on R side, Recover on LF
7&8 Step RF behind LF, Step LF on side, Cross RF over LF

SEC 2: 1/2 TURN W/ HEEL BOUNCES, COASTER STEP, SYNCOPATED MONTEREY, FWD ROCK-RECOVER

1 2 1/4 Turn to L as you bounce both heels, 1/4 Turn to L as you bounce both heels (3:00)
3&4 Step LF back, Step RF next to LF, Step LF Fwd
5&6& Touch RF on R side, Step RF next to LF, Turn 1/4 to R touching LF on L side, Step LF next to RF (6:00)
7 8 Rock RF Fwd, Recover on LF
(Styling: You can add Body Roll as you start rocking Fwd)

SEC 3: PONY STEP 2X, SAILOR STEP, BACK TOUCH, 1/2 TURN

1&2 Step RF Back hitching LF, Recover on LF, Step RF Back hitching LF
3&4 Step LF Back hitching RF, Recover on RF, Step LF Back hitching RF
5&6 Cross RF behind LF, Step LF on L side, Step RF on R Side
7 8 Touch LF back, Turn 1/2 to L changing weight on LF (12:00)

SEC 4: CROSS SAMBA 2X, 3/4 PADDLE TURN, STEP-FLICK

1&2 Cross RF over LF, Step LF to L on ball (1:30), Step RF in place
3&4 Cross LF over RF, Step RF to R on ball squaring up (12:00), Step LF in place
5 6 Turn 1/4 to L pointing RF on side, Turn 1/4 to L pointing RF on side (6:00)
7 8 Turn 1/4 to L pointing RF on side, Step LF in place while flicking RF (3:00)
(Styling on paddle turns: You can put R arm up in the air as you turn)

Start All Over Again~

Contacts:

Blaire Morgan – debs0681@yahoo.com

Grace David – poshtroy2010@hanmail.net