

Can't Dance

拍数: 32 墙数: 4 级数: Improver
编舞者: Dee Blansett (USA) - May 2023
音乐: Can't Dance - Cooper Alan : (Use clean or Explicit version!)



#16 Count intro - 2 restarts

Step Forward Right ½ turn left- hook left, Shuffle forward Left; Step ¼ Hitch left, Side shuffle left

1-2 Step Right forward (1), pivot ½ turn left - hook left in front of right (2) weight on right
3&4 Shuffle forward: Left (3), Right (&), Left (4)
5-6 Step Right ¼ turn Left (5), Hitch Left knee next to right (6)
7&8 Side Shuffle: Left (7) Right (&) Left (8) 3:00

Side Shuffle Right; Left Heel, Right Heel; Step forward Left; Hitch Right with Hip bumps

1&2 Side Shuffle: Right (1) Left (&) Right (2)
3&4& Tap Left Heel Forward (3), Bring left in place (&), Tap Right heel forward (4), Bring Right
back in place (&)
5-6 Step Left forward (5), Hitch Right in Diagonal (6)
7&8 Bump hips: Right (7) Left (&) Right (8) (keep weight evenly distributed) 3:00

Restart here: rotation: 3 facing 9:00 + Rotation 7 facing 3:00

Step Back, Touch, Shuffle Diagonally back Right, Step back, Touch, Shuffle Right to side

1-2 Step back diagonally on Left (1), Touch Right beside left (2)
3&4 Shuffle back diagonally Right: Right (3) Left (&) Right (4)
5-6 Step back diagonally on Left (5), Touch Right beside left (6)
7&8 Shuffle to side: Right (7) Left (&) Right (8) 3:00

¼ Right 2x; Syncopated rocking chair, Step Brush

1- 2 Step forward Left (1) Pivot ¼ Right (2)
3-4 Step forward Left (3) Pivot ¼ Right (4) weight on Right
5&6& Rock forward Left (5), Recover on Right (&), Rock back on Left (6), Recover on Right (&)
7-8 Step forward Left (7), Brush Right (8)

End of dance! Repeat and have fun ☺

Special thanks to Dan for telling me about this song!
