

# Mambella

拍数: 32      墙数: 4      级数: Improver  
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音乐: Mambella - Lucenzo & Olupellar



## S1. Walk R/L, hip bump, turning hip bump ¼ turn L, cross with dip, side

1-2      RF step forward, LF step forward  
3&4      RF hip bump forward (finish weight on RF)  
5&6      LF hip bump with ¼ turn to the L (finish weight on LF)  
7-8      RF cross over LF, LF step to the L

## S2. Hip rolls with bumps X2, reverse paddle ½ turn R, back rock

1-2      RF step to the R with hip roll (from left to right – finish weight on RF)  
3-4      LF step to the L with hip roll (from right to left – finish weight on LF)  
5-6      RF touch to the R with ¼ turn to the R, RF touch to the R with ¼ turn to the R  
7-8      RF back rock, recover on L

## S3. Cross, point, cross samba, cross, back, back, drag/touch

1-2      RF cross over LF, LF touch to the L  
3&4      LF cross over RF, RF step forward to the R, LF step forward to the L  
5-6      RF cross over LF, LF step back to the diagonal  
7-8      RF step back to the diagonal (open here your body to the R), LF touch next to RF

## S4. Step, ½ turn L, L hip bump up/down twice, back, close, L triple step fwd

1-2      LF step forward, RF step back with ½ turn to the L (weight on RF)  
&3&4      Hip bump (up & down) X2  
5-6      LF step back, RF step next to LF  
7&8      LF shuffle forward

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