

The Grayston Boogie

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner / Improver
编舞者: Lucinda Atkinson (UK) - May 2023
音乐: The Grayston Boogie - The Hazy Janes



Start the dance on the lyrics "I got"

This dance was inspired by The Hazy Janes who are a local band singing about a local bar & gig venue in Halifax UK.

Section 1 - Side together side hitch, clap & repeat.

- 1 - 4 Side RF close LF to RF, step side RF hitch L knee and clap hands.
5 - 8 Side LF close RF to LF, step side LF and hitch R knee and clap hands.

Section 2 - Step forward touch & back touch.

- 9 - 12 Step forward RF, touch LF behind RF, Step back on LF, touch RF in front of LF.
13 - 16 Step forward on RF, touch LF behind RF, step back on LF and close RF to LF taking the weight in RF.

Optional styling for sections 2 & 4, air guitar, shimmy shoulders, or finger snaps whilst stepping forward and back - rock it out! :)

Sections 3 & 4 repeat steps 1 to 16 starting on the L foot ending with weight on LF.

Section 5 - Step forward slow, slow, quick, quick, quick, quick.

- 33 - 36 Step forward RF, hold, step forward LF, hold.
37 - 40 Step forward R L R L.

Section 6 - Step backwards, slow, slow, quick, quick, quick, quick.

- 41 - 44 Step back RF, hold, step back LF, hold.
45 - 48 Step back R L R, step side L turning 1/4 L.

Optional styling for sections 5 & 6 skate it or prissy walk it. Groove it up and enjoy.
Yours in stomps, smiles & shimmies Lucinda AKA

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