

# Cowgirls

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Tony Myers (UK) - May 2023  
音乐: Cowgirls (feat. ERNEST) - Morgan Wallen



Count in: 16 - start on vocals

## Step, Touch, Kick, Step: Coaster Step: Step, Touch, Kick, Step: Back, Turn, Step

1&2&      Step right to side (1) Touch left next to right (&) Kick left forward (2) Step down on left (&)  
3&4      Step back on right (3) Step left with right (&) Step forward on right (4)  
5&6&      Step left to side (5) Touch right next to left (&) Kick right forward (6) Step down on right (&)  
7&8      Step back on left (7) Turn 1/4 right stepping forward on right (&) Step left to side (8) 3:00

## Step lock step, hitch : Heel & heel: Step lock step, hitch : Mambo turn

1&2&      Step right forward (1) Lock left behind right (&) Step right forward (2) Hitch left forward (&)  
3&4      Dig left heel forward (3) Step on left (&) Dig right heel forward (4)  
5&6&      Step right forward (5) Lock left behind right (&) Step right forward (6) Hitch left forward (&)  
7&8      Rock forward on left (7) recover weight on right (&) Turn 1/2 left stepping left forward (&) 9:0

## Restarts on walls 3 & 6

# To finish at 12:00 Turn the mambo 1/4 left on wall 9

## Cross rock, Side rock: Behind, Turn, Step : Back rock, Side rock Cross Shuffle

1&2&      Rock right over left (1) Recover on left (&) Rock right to right side (2) Recover on left (&)  
3&4      Step right behind left (3) Turn 1/4 left stepping forward on left (&) Step forward on right (4)  
6:00  
5&6&      Rock left behind right (5) Recover on right (&) Rock left to left side (6) Recover on right (&)  
7&8      Cross left over right (7) Step right small step to right (&) Cross left over right (&)

## Back, Turn, Step Turn: Cross & Heel : Shuffle Turn : Forward, Tap, Tap

1&2&      Step back on right (1) Turn 1/2 left stepping forward on left (&) Step forward on right (2) Pivot  
1/4 left (&) 9:00  
3&4      Cross right over left (3) Step left slightly back (&) Dig right heel to right diagonal (4)  
5&6      Turn 1/4 right step right to side (5) Step left to right (&) Turn 1/4 right step forward on right (6)  
3:00  
7&8      Step left forward (7) Tap right behind left (&) Tap right behind left (8)

## Restarts after 16 counts on walls 3 & 6 (facing 3:00 & 6:00)

# Finish on wall 9 after 16 counts, Change the mambo 1/2 turn left into a mambo 1/4 turn left to finish at the front

Music Available on iTunes

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