

Can I Get It Back

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Moe Qureshi (USA) - May 2023
音乐: Can I Get It Back (R3HAB Remix) - Jordana Bryant & R3HAB



#16 Count Intro, start on word "Song"

***One Restart: Wall 3, after 16 counts, facing 9 o'clock

{1-8} Syncopated Step Touches, Lock Step, Toe Touches, Hitch, Coaster w/ Heel

1&2& (1) Step R Diag Fwd, (&) L Touch beside R, (2) Step L Back Diag, (&) Touch R beside L
3&4 (3) Step R Fwd, (&) Lock L behind R, (4) Step R Fwd
5, 6, 7 (5) Touch L Toe Fwd, (6) Touch L Toe Back, (7) Hitch L Up
8&1 (8) Step L Back, (&) Step R next to L, (1) L Heel Fwd

{9-16} ¼ Grind, Coaster Step, Press/Recover, Heel Switches

2 (2) Grind L heel ¼ Over L Shoulder
3&4 (3) Step L Back, (&) Step R next to L, (4) Step L Fwd
5, 6, & (5) Press R Forward, (6) Recover Weight onto L, (&) Step R Next To L
7& (7) Tap L Heel Fwd, (&) Step L Next To R
8 (8) Tap R Heel Fwd

****Restart here: Wall 3 (Third Repetition) – Facing 9 o'clock**

& (&) Step R Next To L

{17-24} Press/Recover, Heel Switches, ½ Monterey Turn

1, 2, & (1) Press L Forward, (2) Recover Weight onto R, (&) Step L Next To R
3& (3) Tap R Heel Fwd, (&) Step R Next To L
4& (4) Tap L Heel Fwd, (&) Step L Next To R
5, 6 (5) Point R to R Side, (6) ½ Turn R Stepping R Next To L
7, 8 (7) Point L to L Side, (8) Step L Next To R

{25-32} 2x Rock/Recover with Hip/Body Roll, ¼ Jazz Box with Cross

1, 2 (1) Rock R Fwd Rolling Hips Fwd, (2) Recover L Back Rolling Hips Back
3, 4 Repeats Count 1-2
****Styling: 1,4 – replace w/ body roll as you Rock Weight on R & Recover Back onto L**
5, 6 (5) R Step Across L, (6) Step Left Back ¼ Over R Shoulder
7, 8 (7) Step R to R Side, (8) Cross L Over R

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Last Update - 8 June 2023 - R2