

Spicy Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jill Weiss (USA) - May 2023
音乐: Say You'll Be There (Single Mix) - Spice Girls



Intro: 32 counts from when heavy beat starts

STEP, KICK, BACK, LOCK STEP BACK, STEP BACK, STEP SIDE (OPEN), LOCK STEP FORWARD TO 1:30

1-2-3 Step R forward, low kick forward with L, step L back
4&5 Step back on R, step L in front of R, step back on R
6-7 Step back on L, step side R turning 1/8 right (open body to 1:30)
8&1 Step forward on L, step R behind L (Lock), step forward on L (1:30)

MODIFIED JAZZ BOX W/CHASSE TURNING 1/8 RIGHT, MODIFIED JAZZ BOX W/CHASSE FACING 3:00

2-3-4&5 Cross R over L, step back on L turning 1/8 to 3:00, step R to right, step L next to R, step R to right
6-7-8&1 Cross L over R, step back on R, step L to left, step R next to L, step L to left (3:00)

NOTE: Counts 6-7 of Section 1 through count 5 of Section 2 should feel like a smooth 1/4 turn to the right (3:00)

CROSS ROCK, SIDE, CROSS, 1/4 AND 1/2 LEFT (OR WEAVE), CHASSE 1/4 L

2-3-4-5 Cross rock R over L, replace to L, step R to right, cross L in front of R (prep!),

TURNING OPTION:

6-7-8&1 Step back on R turning 1/4 left (12:00), Turn 1/2 left stepping forward on L (6:00), 1/4 left stepping R, step L next to R, step R to right (8&1 is a 1/4 turning shuffle left) 3:00

NON-TURNING OPTION:

6-7-8&1 Step R to right, step L behind R, step R to right side (8), step L next to R (&), step R to right (1) 3:00

ROCK BACK ON L, CHASSE LEFT, ROCK BACK ON R, SLIGHT ROCK WITH HIP ROLL

2-3-4&5 Rock back on L, replace to R, step L to left, step R next to L, step L to left
6-7-8& Rock back on R, replace to L, rock forward on R with small hip roll (8) rock back on L(&) (3:00) (Count 1 starts dance over again at 3:00 with a R step forward)

RESTART: Wall 9 facing 12:00. Dance the first 8 counts as follows:

STEP, KICK, BACK, LOCK STEP BACK, ROCK BACK REPLACE, STEP L FORWARD

1-2-3 Step R forward, low kick forward with L, step L back
4&5 Step back on R, step L in front of R, step back on R
6-7 Rock back on L, replace forward to R
8 Step forward on L Start the dance again at 12:00 on count 1

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Questions, please contact Jill Weiss at jill@freespindance.com