

Been Dreaming of Two (P)

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 0 级数: Partner
编舞者: Cheryl Lynn Brown (USA) & Ray Metz (USA) - May 2023
音乐: Come Alive - Cannons



Start facing FLOD, Promenade Position, Starting on opposite feet

Intro: 16 counts

[1-8] LADY START ON RF; MAN START ON LF

LADY: STEP 1/4 L, BACK 1/4 L, SHUFFLE BACK, WALK BACK (X2), SHUFFLE BACK

MAN: WALK (X2), SHUFFLE, WALK (X2), SHUFFLE

1-2-3&4 L: RF step 1/4 L (1), LF back 1/4 L (2), RF back (3), LF together (&), RF back (4),

1-2-3&4 M: LF forward (1), RF forward (2), LF forward (3), RF together (&), LF forward (4),

5-6-7&8 L: LF back (5), RF back (6), LF back (7), RF together (&), LF back (8),

5-6-7&8 M: RF forward (5), LF forward (6), RF forward (7), LF together (&), RF forward (8),

HANDS: 1-2: LIFT RIGHT ARMS OVER LADY'S HEAD TO FACE EACH OTHER

[9-16] LADY START ON RF; MAN START ON LF

LADY: STEP 1/4 R, STEP 1/4 R, SHUFFLE, WALK (X2), SHUFFLE

MAN: WALK (X2), SHUFFLE, WALK (X2), SHUFFLE

1-2-3&4 L: RF step 1/4 R (1), LF step 1/4 R (2), RF forward (3), LF together (&), RF forward (4),

1-2-3&4 M: LF forward (1), RF forward (2), LF forward (3), RF together (&), LF forward (4),

5-6-7&8 L: LF forward (5), RF forward (6), LF forward (7), RF together (&), LF forward (8),

5-6-7&8 M: RF forward (5), LF forward (6), RF forward (7), LF together (&), RF forward (8),

HANDS: 1-2: LIFT RIGHT ARMS OVER LADY'S HEAD TO FACE SAME DIRECTION (FLOD)

[17-24] LADY START ON RF; MAN START ON LF

LADY: STEP 1/4 L, BEHIND, STEP 1/4 R, PIVOT 1/4 R, CROSS, SIDE, BEHIND

MAN: STEP 1/4 R, BEHIND, SLIDE WITH TOUCH, SIDE, CROSS, SIDE, BEHIND

1-2 L: RF step 1/4 L (1), LF behind (2),

1-2 M: LF step 1/4 R (1), RF behind (2),

3-5 L: RF step 1/4 R (3), LF forward (4), rotate LF while stepping RF 1/4 R (5),

3-5 M: LF step wide to side (3), drag RF to LF without weight (4), step RF to side (5),

6-8 LF cross over RF (6), RF side (7), LF behind (8),

HANDS: 1-2 LIFT RIGHT ARMS OVER LADY'S HEAD TO FACE EACH OTHER

4-5 LIFT RIGHT ARMS OVER LADY'S HEAD TO FACE SAME DIRECTION (OLOD)

[25-32] BOTH START ON RF

LADY: SIDE, CROSS, STEP 1/4 R, PIVOT 1/2 R, WALK (X3)

MAN: SIDE, CROSS, SLIDE WITH TOUCH, STEP 1/4 L, WALK (X3)

1-2 RF side (1), LF cross (2),

3-5 L: RF step 1/4 R (3), LF forward (4), rotate LF while stepping RF 1/2 R (5),

3-5 M: RF step wide to side (3), drag LF to RF without weight (4), step LF 1/4 L (5),

6-8 L: LF forward R (6), RF forward (7), LF forward (8),

6-8 M: RF forward (6), LF forward (7), RF forward (8),

HANDS: 3-4 DROP RIGHT HANDS

HANDS: 5-6 REJOIN HANDS IN PROMENADE POSITION (FLOD)

NOTE: The two turns for ladies in steps 1-16 are suggestions. More advanced dancers may choose to add additional turns or styling to create personalized variations.. Whatever you choose to dance - HAVE FUN!!

