

Niinku Cha Cha Cha EZ

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Hanna Pitkänen (FIN) - 3 May 2023
音乐: Cha Cha Cha - Käärijä



Country music suggestions:

Country as a Boy Can Be by Brady Seals

Long Time Gone by Dixie Chicks (restart on wall 3 after 24 counts)

Wagon Wheel by Darius Rucker

Start the dance after 16 counts intro approx. 12 seconds into track.

[1-8]: Arms forward R hand, L hand, grab with R hand L hand, bring hands to ears R hand L hand

- 1 Step out R keeping weight in center as you push your R arm straight forward palm facing forward (1)
- 2 Push your L arm straight forward palm facing forward (2)
- 3 Make a fist with your R hand as if you were grabbing something (3)
- 4 Make a fist with your L hand as if you were grabbing something (4)
- 5 Bring R hand to the right side of your head (5)
- 6 Bring L hand to the left side of your head (6)
- 7,8 Tilt your head to right (7), tilt your head to left (8)

[9-16]: Side, together, side, scuff, cross rock, kick, cross rock, kick

- 1,2 Step R to side (1), step L next to R (2)
- 3,4 Step R to side (3), scuff L next to R (4)
- 5,6 Cross rock L over R (5), recover weight to R as you kick L forward (6)
- 7,8 Cross rock L over R (7), recover weight to R as you kick L forward (8)

* easier option for counts 2 and 4 is to not kick, just do double rock recover forward, or a rocking chair

[17-24]: Side touches x2, side, together, side, scuff

- 1,2 Step L to side (1), touch R next to L (2)
- 3,4 Step R to side (3), touch L next to R (4)
- 5,6 Step L to side (5), step R next to L (6)
- 7,8 Step L to side (7), scuff R next to L (8)

[25-32]: Cross rock, kick, cross rock, kick, side, touch, ¼ turn, touch

- 1,2 Cross rock R over L (1), recover weight to L as you kick R forward (2)
- 3,4 Cross rock R over L (3), recover weight to L as you kick R forward (4)
- 5,6 Step R to side (5), touch L next to R (6)
- 7,8 ¼ turn left stepping L forward (7), touch R next to left (8)

Start again

Have fun dancing!

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