

Goodtime Mixer

拍数: 32 墙数: 1 级数: Easy Beginner
编舞者: Sheryl Bradley (USA) - May 2023
音乐: Mr. Goodtime - Colt Ford



This dance can be danced as a circle social mixer or a contra line dance.

Option 1 – mixer dance

Form a circle with an inside row and an outside row. Inside is facing LOD (counterclockwise) outside row is facing BLOD (clockwise). Leave space to move sideways past each other (in and out of the circle and around each other).

Option 2 – contra dance or one wall dance

Form two rows facing each other and change the last four counts (29-32) to walking backwards L-R-L touch R.

#16 Count intro

K STEP

- 1,2 Step RF diagonally forward, touch LF next to RF
- 3,4 Step LF diagonally back (back to original placement), touch RF next to LF
- 5,6 Step RF back diagonally, touch LF next to RF
- 7,8 Step LF diagonally forward, touch RF next to LF

To make this fun, on count 2, bump hips together.

VINE RIGHT CLAP, VINE LEFT CLAP

- 1,2,3,4 Step RF to R, step LF behind RF, step RF to R, touch LF next to RF and clap
- 5,6,7,8 Step LF to L, step RF behind LF, step LF to L, touch RF next to LF and clap

Option, clap opposite hands with your partner.

RUMBA BOX FORWARD, RUMBA BOX BACK (moving around each other)

- 1,2,3,4 Step RF to R, step LF next to RF, step RF forward, touch LF next to RF
- 5,6,7,7 Step LF to L, step RF next to LF, step LF back, touch RF next to LF

FORWARD STEP LOCK, STEP HITCH, WALK, WALK, WALK, TOUCH

- 1,2,3,4 Step RF forward, LF behind RF, RF forward, hitch LF
- 5,6,7,8 Walk, L-R-L, touch RF next to LF (you should be with a new partner)

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