

Work The World

COPPERKNOB
BY STEPHEN HETS

拍数: 100 墙数: 1 级数: Phrased Advanced
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音乐: Time Machine - Werq The World



Intro: 8 Counts, Start at approx 38 secs

Sequence: A, B, C, C, A, Tag, C, C, C, A, D, C, Tag, C, C (16 Counts)

Part A: 16c

SEC 1 Nightclub Basic, Side, 1/2 Spiral, 1/2 Run Around, Weave Sweep, Behind, 1/4 Step

- 1-2& Step right to right, step left beside right, cross right over left
3 Step left to left spiralling 1/2 turn right lifting right forward (6:00)
4&5 Turn 1/4 right step right forward, step left forward, turn 1/4 right step right forward sweeping left from back to front (12:00)
6&7 Cross left over right, step right to right, step left behind right sweeping right from front to back
8& Step right behind left, turn 1/4 left step left forward (9:00)

SEC 2 1/4 Nightclub Basic, Side 1/2 Spiral, 1/2 Run Around, Weave Sweep, Behind, 1/4 Step

- 1-2& Turn 1/4 left step right to right, step left beside right, cross right over left (6:00)
3 Step left to left spiralling 1/2 turn right lifting right forward (12:00)
4&5 Turn 1/4 right step right forward, step left forward, turn 1/4 right step right forward sweeping left from back to front (6:00)
6&7 Cross left over right, step right to right, step left behind right sweeping right from front to back
8& Step right behind left, turn 1/4 left step left forward (3:00)

Note Turn additional 1/4 left before next section

Part B: 20c

SEC 1 Side, Hip Bumps, Walk x3, Step, 1/2 Pivot

- 1-2 Step right to right bumping hips right, bump hips left (12:00)
3-4 Bump hips right, bump hips left
5-6 Step right forward, step left forward
7-8& Step right forward, step left forward, pivot 1/2 right transferring weight on to right (6:00)

SEC 2 Walk x3, Step, 1/2 Pivot, Point, Hold

- 1-2 Step left forward, step right forward
3-4& Step left forward, step right forward, pivot 1/2 left transferring weight on to left (12:00)
5 Point right to right
6-7-8 Hold for 3 counts

SEC 3 Switch, Hold, Switch, Hold

- &1-2 Step right beside left, point left to left, hold
&3-4 Step left beside right, point right to right, hold

Part C: 32c

SEC 1 Rock Sweep, Pony Back, Step Sweep, Syncopated Jazzbox

- 1-2 Rock right forward, recover weight onto left sweeping right from front to back
3&4 Step right back hitching left knee, step left beside right, step right back hitching left knee
5 Step left forward sweeping right from back to front
6-7 Cross right over left, step left back
&8 Step right to right, cross left over right

SEC 2 Dorothy Step, 1/2 Monterey, Side, Hold, Ball Side, Touch Behind

- 1-2& Step right forward to right diagonal, lock left behind right, step right forward

- 3-4 Point left to left, turn ½ left step left beside right (6:00)
5-6 Step right to right, hold
&7-8 Step left beside right, step right to right, touch left behind right

SEC 3 Side, Hip Roll, Flick, Cross, ¼ Back, Back Shuffle

- 1 Step left to left
2-3 Roll hip anticlockwise from left to right
4 Step left beside right flicking right to right
5-6 Cross right over left, turn ¼ right step left back (9:00)
7&8 Step right back, step left beside right, step right back

SEC 4 Back Rock, Shuffle, ¾ Box Turn

- 1-2 Rock left back, recover weight onto right
3&4 Step left forward, step right beside left, step left forward
5-6 Step right to right, turn ¼ left step left to left (3:00)
7-8 Turn ¼ left step right to right, step left 1/4 left. (12:00)

Tag

SEC 1 Side, Hip Roll, Jump

- 1 Step right to right (12:00)
2-3 Roll hips clockwise from right to left
4 Jump both feet together (weight ends on left)

Part D: 32c

SEC 1 & 2 - Walks To Centre

- 1-16 Over 16 counts slowly walk towards centre ending with feet apart facing forwards

SEC 3 Circle Body, Arms Movements

- 1 Push body right
2 Bend both knees keeping body right
3 Keeping knees bent push body left
4 Straighten legs
5 Put right arm up left arm down
6-7-8 Rotate both arms clockwise ending with left arm up right arm down over 3 counts

SEC 4 Compress, Hold, Jump, Hold, Runs

- 1-2 Bend both knees clapping hands, hold
3-4 Jump both feet together straightening knees, hold
5-8 Run back to original starting position

Last Update: 29 Sep 2023
