

Blue Notes Waltz

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 4 级数: Beginner
编舞者: Becky Hawthorne (USA) - May 2023
音乐: If You Don't Know Me By Now - Harold Melvin & The Blue Notes



No restarts, no tags

Intro: 24 counts. Dance starts on the vocals.

Section 1: FORWARD BASIC, SIDE, BACK ROCK, RECOVER

1, 2, 3 Step LF forward, Step RF next to LF, Step LF next to RF
4, 5, 6 Step RF to R side, Rock LF back behind RF, Recover weight fwd on RF

Section 2: SIDE, BACK ROCK, RECOVER, 1/4 FWD, 1/4 SIDE, 1/4 BACK

1, 2, 3 Step LF to L side, Rock RF back behind LF, Recover weight fwd onto LF
4, 5, 6 1/4 Step RF forward (3:00), 1/4 Step LF to L side (6:00), 1/4 Step RF back (9:00)

Section 3: BACK BASIC, TWINKLE

1, 2, 3 Step LF back, Step RF next to LF, Step LF next to RF
4, 5, 6 Cross RF over L, Step LF to L side, Step RF to R side

Section 4: TWINKLE, CROSS ROCK, RECOVER, SIDE

1, 2, 3 Cross LF over R, Step RF to R side, Step LF to L side
4, 5, 6 Cross RF over L, Recover weight back on LF, Step RF to R side

Optional styling on twinkles:

Draw non-weight bearing foot in toward weight bearing foot on second count before stepping out to the side on the third count.

Suggested ending: Wall 12 is last full wall of dance and ends facing 12:00. After completing Wall 12, dance Section 1, step LF to L and hold.

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