

Sicilia !

拍数: 32 墙数: 4 级数: Improver
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音乐: Be Careful with That Song - Josiah Siska



Intro : 2x8

Especially created for the first Sicilia Country Expérience 2023 in Catane in Sicilia

[1-8] WALK R & L FWD, OUT OUT, IN, STEP FWD, HEEL STRUT, BALL STEP 1/4 TURN L

1-2 Walk right step forward, walk left step forward
&3&4 Right step to right, left step to left, right step in the center, left step forward
5-6 Right heel forward, lower right point
&7-8 Left next to right, right step forward, ¼ turn left (weight on left) 9.00

[9-16] CROSS HITCH BALL SIDE STEP, CROSS HITCH BALL SIDE STEP, SWAYS

1&2 Hitch right knee cross over left leg, right ball next to left, left step on left
3&4 Hitch right knee cross over left leg, right ball next to left, left step on left
5-6 Sway the hips to the right, then to the left

Restart here on wall 3

7-8 Sway the hips to the right, then to the left

[17-24] WALK R & L FWD, ANCHOR STEP, STEP L BACK & TOUCH R TOE FWD, HOLD, COASTER STEP

1-2 Walk right step forward, walk left step forward
3&4 Triple step on place : put weight on right foot (slightly back), then on the left foot, then on the right foot
&5-6 Left step back & touch right toe forward (bending right knee), hold
7&8 Right step back, left next to right, right step forward

[25-32] 1/4 TURN & CROSS, HOLD, 1/4 TURN & CROSS, HOLD, TRIPLE FWD, TOE TOUCH FWD, FLICK

&1-2 ¼ turn right & left ball on left, cross right over left, hold 12.00
&3-4 ¼ turn right & left ball on left, cross right over left, hold 3.00
5&6 Left step forward, next to left, left step forward

Restart here on wall 6

7-8 Right toe forward, right flick backward and outwards

Restarts : on wall 3 after 14 counts (face at 3.00) on wall 6 after 30 counts (face at 12.00)

Have fun !