

Sway My Way

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Gina Piercy (AUS) - May 2023
音乐: Sway My Way - R3HAB & Amy Shark



Sequence: W1- W2 (32 C) Restart – W3 (32 C) Restart-W4 – W5 (32 C) Restart – W6

Intro 16 Counts

SECTION 1 - R POINT FORWARD-POINT SIDE-R SAILOR-HOLD-L CROSS POINT-L SIDE POINT

1-2 Right point forward-Right point side (or do a Sweeping motion).
3-4-5-6 (Slow sailor step) Right step behind-Left step side-Right step side-Hold.
7-8 Cross point left in front of right-Left side point.

SECTION 2 - L STEP BACK-R SIDE POINT-R STEP BACK-L SIDE POINT-L SAILOR-HOLD

1-4 Step left back-Point right to right side-Step right back-Point left to left side.
5-6-7-8 (Slow Sailor step) Left step behind-Right step side-Left step side-Hold.

SECTION 3 - R CROSS POINT-HOLD-SIDE POINT-HOLD-R JAZZ BOX-L CROSS

1-2 Point right across left-Hold.
3-4 Point right to right side-Hold.
5-6-7-8 Cross right in front of left-Left step back-Right step side-Left cross right.

SECTION 4 - R GRAPEVINE ¼ TURN TO R-L STEP FORWARD-PIVOT ¼ TURN TO R-CROSS L OVER R-R SIDE POINT-R TOUCH IN

1-2 Step right to right side-Step left behind right.
3-4 Step right making ¼ turn step right forward-Step left forward.
5-6 Pivot to the right putting weight on right side-Cross step left over right.

RESTART HERE ON WALLS 2-3-5

Do not restart here on wall 6 as the music finishes at the end of section 6.

SECTION 5 - R SIDE DRAG-HOLD-L ROCK BACK-RECOVER-L SIDE DRAG-HOLD-R ROCK BACK-RECOVER

1-4 Step drag right to right side (1-2)-Rock left back-Recover on right.
5-8 Step drag left to left side (5-6)-Rock right back-Recover on left.

SECTION 6 HIP SWAYS R/L/R/HOLD-HIP SWAYS R/L/R/HOLD

1- Step right out to right side with hip (place weight on right side of body).
2- Transfer weight to the left side of body with hip to left side.
3- Hold 4 Transfer weight to right side of body with hip to right side-HOLD.
5-6 Transfer weight to left side of body with hip to left side-Then right side.
7-8 Transfer weight to left side of body with hip to left side-HOLD.