

Sekali Seumur Hidup

COPPER KNOB
BY STEPHEN

拍数: 36 墙数: 4 级数: Beginner
编舞者: Juli Santoso Pikir (INA), Hadi Wahyudi (INA), Bagus (INA) & Suhada (INA) - May 2023
音乐: DJ SEKALI SEUMUR HIDUP (LESTI) - REMIX TERBARU 2022



S-1. TOUCH FORWARD - TOUCH SIDE - FORWARD (R) - TOUCH SIDE (L), TOUCH FORWARD - TOUCH SIDE - FORWARD (L) - TOUCH SIDE (R)

1 2 3 4 Touch RF forward - Touch RF to side - Step RF forward - Touch LF to side
5 6 7 8 Touch LF forward - Touch LF to side - Step LF forward - Touch RF to side

S-2. CROSS ROCK - SIDE - CROSS, VINE

1 2 3 4 Step cross RF over LF - Recovered on LF - Step RF to side - Step LF Cross Over RF
5 6 7 8 Step RF to side - Cross LF behind RF - Step RF to side - Cross LF behind RF

S-3. ¼ TURN R JAZZ BOX, ROCKING CHAIR

1 2 3 4 ¼ Turn R Step cross RF over LF - Step LF back - Step RF to side - Cross LF over RF
5 6 7 8 Step RF forward - Recovered on LF - Step RF back - Recovered on LF

S-4. KICK BALL TOUCH (R/L), V STEP

1&2 Kick RF forward - RF together and ball - Touch LF to side
3&4 Kick LF forward - LF together and ball - Touch RF to side
5 6 7 8 Step RF to R diagonal Forward - Step LF to L diagonal Forward - step FR back to center ,
Step LF beside RF

S-5. SWAY-SWAY

1 2 3 4 Bump hip to R - Bump hip to L - Bump hip to R - Bump hip to L

Tag 2x : after wall 2 & wall 8

Tag. SIDE CLOSE - SIDE CLOSE

1 2 3 4 Step RF to side - Close LF beside RF, Step LF to side - Close RF beside LF

Happy Dance : Julipikir.upn@gmail.com
