

Bets On Us

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Mathew Sinyard (UK) - May 2023
音乐: Bets On Us - Cheat Codes & Dolly Parton



Intro: 16 counts
Restart on walls 3 & 5*

Section 1 Side Touch x2, Side Together Side, Cross Rock Recover Point, Sailor ¼ Left.

- 1 & 2 & Step right to side, touch left beside right, step left to side, touch right beside left.
3 & 4 Step right to side, close left beside right, step right to side.
5 & 6 Cross rock left over right, recover on to right, point left to side.
7 & 8 Cross left behind right, step right to side, ¼ turn left stepping forward left.

Section 2 Walk R L, ½ Left Running Back R L R, Back Mambo, ½, ¼.

- 1 2 Walk forward stepping right, left.
3 & 4 ½ turn left stepping back on right, run back left, right.
5 & 6 Rock back on left, recover on to right, step left slightly forward of right.
7 8 ½ turn left stepping back on right, ¼ left stepping left so side.

Section 3 Cross ¼ Side, Behind ¼ Side, Cross Rock Recover, Side touch, 2x Diagonal Back Touches.

- 1 & 2 Cross right in front of left, ¼ turn right stepping back on left, step right to side.
3 & 4 Cross left behind right, ¼ turn right stepping forward on right, step left to side.
5 & 6 & Cross rock right over left, recover onto left, step right to side, touch left beside right.
7 & 8 & Step left diagonally back, touch right beside left, step right diagonally back, touch left beside right.

Section 4 Side Together Forward, Right Chassé ¼ Turn Left, ¼ Left Shuffle Forward. 2x Paddle ½ Turns.

- 1 & 2 Step left to side, close right beside left, step forward on left.
3 & 4 Step right to side, close left beside right, ¼ turn left stepping back on right.
5 & 6 ¼ turn left stepping forward on left, close right towards left, step forward on left.
7 & Keeping weight on left touch right toes to push into a ½ turn left.
8 & Keeping weight on left touch right toes to push into a ½ turn left.

(ALT counts 7&8&: - syncopated right rocking chair)

RESTARTS: On wall 3 restart after 16 counts (facing 6:00)

*On wall 5 step change restart – Dance up to count 8 omitting the turn from the sailor to stay at 12:00 then restart.

Enjoy ☐

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