

Lover (NC2S)

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Lover (Remix) (feat. Shawn Mendes) - Taylor Swift



Intro: 16 Counts

1 TAG (8 Counts) after W2

#1 DIAGONAL FWD ROCK-RECOVER-SIDE (L/R), SYNCOPATED WEAVE L, SWEEP

- 1 2a 1/8 L turn RF fwd rock (1) (10.30), recover back on LF (2), stepping RF a small step to R side squaring to 12.00 (a)
3 4a 1/8 R turn LF fwd rock (3) (13.30), recover back on RF (4), stepping LF a small step to L side squaring to 12.00 (a)
5a6a7a8 RF Cross over LF(5), LF to L side (a), RF cross behind LF (6), LF to L side (a), RF Cross over LF (7), LF to L side (a), RF cross behind LF at the same time sweeping LF from front to behind (sweeping LF out to L side) (8)

#2 CROSS TOUCH BEHIND, UNWIND 5/8 L TURN, BACK SWEEP L/R, ROLLING TURN 7/8 L, SPOT TURN 1/2 L

- 1 2 Touch LF cross behind RF (1), unwind 5/8 turn L onto RF (LF touch fwd prepare for sweeping LF bckwd) (2) (4.30)
3 4 Sweeping LF bckwd, sweeping RF bckwd
5 6 7 Making 1/8 L turn stepping LF fwd (5) (3.00), Making 1/4 L turn stepping RF to R side (6) (12.00), Making 1/2 L turn stepping LF to L side (7) (6.00),
8 Making 1/2 L turn RF sweep & Collect RF to LF at the same time (body weight still in LF) (8) (12.00)

#3 R/L NIGHT CLUB BASIC, SPIRAL ROCK, RECOVER, 3/8 HINGE, UNWIND

- 1 2a Stepping RF to R side (big step), sliding LF slightly behind RF, Stepping RF Cross over LF
3 4a Stepping LF to L side (big step), sliding RF slightly behind LF, Stepping LF Cross over RF
5 6 stepping RF diagonal fwd (1.30) and Full L Turning/LF bend coming in/collect (5), press/rock LF fwd (6) (1.30)
a7 Recover back on RF (a), turn 1/8 R stepping LF bckwd (7) (3.00)
a8 Turn 1/4 R stepping RF to R side (6.00) (a), LF cross over RF at the same time doing Fully Unwind R (RF bend coming in/collect) body weight still in LF (8) (6.00)

#4 R/L NIGHT CLUB BASIC, REVERSE PIVOT 1/2 L, VOLTA CIRCLE 1/4 L x2, SWEEP

- 1 2a Stepping RF to R side, Sliding LF slightly behind RF, Stepping RF Cross over LF
3 4a Stepping LF to L side, Sliding RF slightly behind LF, Stepping LF Cross over RF
5 6 Stepping back RF, making 1/2 L turn LF fwd (12.00)
a7 Make 1/8 turn L stepping RF to R side (a), Make 1/8 turn L stepping LF fwd (7)
a8 Make 1/8 turn L stepping RF to R side (a), Make 1/8 turn L stepping LF fwd at the same time, sweeping RF from behind to front (8) (6.00)

TAG 8 Counts : After wall 2 add following steps

SERPIENTE

- 1 2 Stepping RF cross over LF, stepping LF to L side
3 4 Stepping RF cross behind LF, sweeping LF from front to behind RF
5 6 Stepping LF cross behind RF, stepping RF to R side
7 8 Stepping LF cross over RF, sweeping RF from behind to front

You may also do the Rolling TAG option (8 counts), as follow :

EXTENDED WEAVE L/R WITH SWEEP

- 1 a2 Cross RF over LF, step LF to L side, Cross RF behind LF

a3 a4 Step LF to L side, Cross RF over LF, Step LF to L side, Cross RF behind LF and sweep LF from front to back
5 a6 Cross LF behind RF, Step RF to R side, Cross LF over RF
a7 a8 Step RF to R side, Cross LF behind RF, Step RF to R side, Cross LF over RF and sweep RF from back to front

ENDING ON W7 AFTER END OF SECT 4, YOU MAKE ½ L TURN FOR FACING 12.00

PASSION, HAPPY AND HEALTHY DANCE

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