

You Proof EZ

拍数: 32

墙数: 4

级数: Beginner

编舞者: Tonja Bolding (USA) - April 2023

音乐: You Proof - Morgan Wallen

或: Last Night - Morgan Wallen

或: Smooth (feat. Rob Thomas) - Santana

或: Don't It - Billy Currington

或: Beachin' - Jake Owen



Alt. music: Last Night-Morgan Wallen; Smooth- Santana (feat Rob Thomas)
Don't It-Billy Currington; Beachin'-Jake Owen

WALK FORWARD, TOUCH, SHUFFLE BACK TWICE

1-4 Step right forward, step left forward step right forward, touch left side
5&6-7&8 Shuffle back left-right-left, shuffle back right-left-right

ROCK BACK, SHUFFLE FOWARD, TURN TWICE

1-2 Rock left back, recover to right
3&4 Shuffle forward left-right-left
5-6 Step right forward, turn ½ left (weight to left)
7-8 Step right forward, turn ½ left (weight to left)

TOE-HEEL-STOMP (TWICE) ROCKING CHAIR

1&2 Touch right together (toe turned in), touch right heel side, stomp right together
3&4 Touch left together (toe turned in), touch left heel side, stomp left together
5-6 Rock right forward, recover to left
7-8 Rock right back, recover to left

STEP ¼ TURN, CROSS, TOUCH SIDE, JAZZ BOX CLOSE

1-2 Step right forward, turn ¼ right and touch left side
3-4 Cross left over, touch right side
5-8 Cross right over, step left back, step right side, step left together

REPEAT

Last Update: 5 May 2023
