

Ku Lo Sa

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - May 2023
音乐: KU LO SA - Oxlade & Camila Cabello : (Spotify/Apple Music/You Tube Music)



Please feel free to contact me if you need any further information.
(hirokoclinedancing@gmail.com) (Intro: 16 counts)

[S1] Step-Lock-Step, 1/4R Hip-Hip-Hip w/ Hitch, 1/4R Hip-Hip-Hip w/ Hitch, 1/4R Scissor-Cross

1&2 Step forward on R, Lock L behind R, Step forward on R
3&4 Make a ¼ turn right stepping L to the side with hip sway to the left-right-left (3:00)-
optional: lifting heel up R-L-R slightly hitching R knee at the end- prep for ¼ turn right
5&6 Make a ¼ turn right stepping R to the side with hip sway to the right-left-right (6:00) -
optional: lifting heel up L-R-L slightly hitching L knee up at the end- prep for ¼ turn right
7&8 Make a ¼ turn right stepping L to the side (9:00), Step R next to L, Cross L over R

[S2] 1/4L Back-Lock-Back, 1/4L Hip-Hip-Hip-Hitch, 1/4L Hip-Hip-Hip-Hitch, Coaster Step

1&2 Make a ¼ turn left stepping back on R (6:00), Lock L over R, Step back on R
3&4 Make a ¼ turn left stepping L to the side with hip sway to the left-right-left (3:00)-
optional: lifting heel up R-L-R slightly hitching R knee at the end- prep for ¼ turn left
5&6 Make a ¼ turn left stepping R to the side with hip sway to the right-left-right (12:00) -
optional: lifting heel up L-R-L slightly hitching L knee up at the end
7&8 Step back on L, Step R next to L, Step forward on L

[S3] Mambo Turn 1/4R, Side Mambo-Cross w/ Hitch, Reverse Rocking Chair, Back Rock-1/2L

1&2 Rock R to the side, Making a ¼ turn right recover weight on L (3:00), Step R next to L
3&4& Rock L to the side, Replace weight on R, Cross L over R, Hitch R knee
5&6& Rock back on R, Replace weight on L, Rock forward on R, Replace weight on L
7&8 Rock back on R, Replace weight on L, Make a ½ turn left stepping back on R (9:00)

[S4] Reverse Rocking Chair, Back Rock-1/4R Scissor-Cross into Box Step, Fwd Rock-1/2L w/ 1/4L Hitch

1&2& Rock back on L, Replace weight on R, Rock forward on L, Replace weight on R
3& Rock back on L, Replace weight on R
4& Make a ¼ turn right stepping L to the side (12:00), Step R next to L
5&6& Cross L over R, Step back on R, Step L to the side, Step forward on R
7&8& Rock forward on L, Replace weight on R, Make a ½ turn left stepping forward on L, Make a further ¼ turn left on ball of L foot / hitching R knee (3:00)

Ending suggestion: The last wall starts facing 6:00. Dance up to count 16 (6:00)

Mambo 1/2R turn to the front.

(updated: 3/May/23)