

Little Heartbreak

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Jef Camps (BEL) & Roy Verdonk (NL) - April 2023
音乐: Same Heartbreak Different Day - Richard Marx



Intro: 8 counts

Section 1 - Back, Touch, Shuffle Fwd, Step Fwd, ¼ Pivot, Cross, Side

1-2 RF step back in R-diagonal (optional: open body slightly), LF touch next to RF
3&4 LF step forward, RF close next to LF, LF step forward
5-6 RF step forward, make ¼ turn L putting weight on LF
7-8 RF cross LF, LF step side - 9:00

Section 2 - Behind, Point, Touch Across, Point, (Heel Grind into) Weave

1-2 RF cross behind LF, LF point L side
3-4 LF touch across RF, LF point side
5-6 LF cross over RF, RF step side (easy option)
5-6 (option) LF cross over RF on L-heel, LF twist toes to L while on L-heel & RF step side (harder option)
7-8 LF cross behind RF, RF step side

Section 3 - Cross Rock/Recover, Chasse, Jazz Box ¼ Turn Cross

1-2 LF rock across RF, recover on RF
3&4 LF step side, RF close next to LF, LF step side
5-6 RF cross over LF, 1/8 turn R & LF step back
7-8 1/8 turn R & RF step side, LF cross over RF - 12:00

Section 4 - ¼ Monterey Turn, Touch, Out-Out, Shuffle Back

1-2 RF point side, ¼ turn R & RF close next to LF
3-4 LF point side, LF touch next to RF
5-6 LF step forward in L-diagonal, RF step forward in R-diagonal
7&8 LF step back, RF close next to LF, LF step back - 3:00

EXTRA'S

Tags: After wall 4 add following steps before restarting the dance

1-2 RF step back in R-diagonal, LF touch next to RF
3-4 LF step forward, RF stomp up next to L
5-6 RF step diagonally R forward, LF touch next to RF
7-8 LF step back, RF stomp up next to LF - 12:00

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