

Sleepwalker

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Christine Stewart (NZ) - February 2023
音乐: Sleepwalker - Ava Max : (Album: Diamonds & Dancefloors)



#3 very easy restarts

*Restart 1 happens during Wall 2 facing 6:00. Dance up to and including count 24 then start dance again facing 6:00

**Restart 2 happens during Wall 6 facing 12:00. Dance up to and including count 24 then start dance again facing 12:00

***Restart 3 happens during Wall 11 facing 12:00. Dance up to and including count 8 then start dance again facing 12:00

ENDING: Dance automatically finishes facing 12:00

Intro: 16 counts. Dance rotates in a CCW direction

Begin facing 12:00 with weight on Left and Right touched beside Left

[1 – 8] SIDE SHUFFLE, ROCK BACK, RECOVER FORWARD, SIDE SHUFFLE, ROCK BACK, RECOVER FORWARD

1 & 2 Step Right foot to right side, Step onto Left foot beside Right foot, Step Right foot to right side

3 - 4 Step/rock Left foot back, recover forward onto Right foot

5 & 6 Step Left foot to left side, Step onto Right foot beside Left foot, Step Left foot to left side

7 - 8 Step/Rock Right foot back, Recover forward onto Left foot *** (12:00)

*** Restart 3 happens here during Wall 11. Dance starts again facing 12:00

[9 – 16] K STEP (WITH CLAPS)

1 - 2 Step Right foot forward on right diagonal, Touch Left foot beside Right foot while clapping hands

3 - 4 Step Left foot back on left diagonal, Touch Right foot beside Left foot while clapping hands

5 - 6 Step Right foot back on right diagonal, Touch Left foot beside Right foot while clapping hands

7 - 8 Step Left foot forward on left diagonal, Touch Right foot beside Left foot while clapping hands (12:00)

[17 – 24] SIDE SHUFFLE, ROCK BACK, RECOVER FORWARD, GRAPEVINE, TOUCH

1 & 2 Step Right foot to right side, Step onto Left foot beside Right foot, Step Right foot to right side

3 - 4 Step/rock Left foot back, recover forward onto Right foot

5 - 8 Step Left foot to left side, Step/cross onto Right foot behind Left foot, Step Left foot to left side, Touch Right foot beside Left foot *, ** (12:00)

*Restart 1 happens here during Wall 2. Dance starts again facing 6:00

**Restart 2 happens here during Wall 6. Dance starts again facing 12:00

[25 – 32] ROCKING CHAIR, ¼ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT

1 - 4 Step/rock Right foot forward, Recover back onto Left foot, Step/rock Right foot back, Recover forward onto Left foot

5 - 6 Step Right foot forward, Turn ¼ left on both feet transferring weight onto Left foot (9:00)

7 - 8 Step Right foot forward, Turn ¼ left on both feet transferring weight onto Left foot (6:00)

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