

# 7 years & 50 days

**COPPER KNOB**  
STEPSHEETS

拍数: 64                      墙数: 4                      级数: High Beginner  
编舞者: Arisps (INA) - May 2023  
音乐: 7 Years & 50 Days - Groove Coverage



Restart : 1, On wall 5 - After Count 32

Tag : 3 , After wall 2, 3, 7 (count 4)

## SECT : 1# WEAVE LEFT, STEP RF FWD, KICK LF FWD, STEP ON LF

1 - 4                      Step RF over LF, Step LF to Left side, step RF behind LF, Step LF on Left  
5 - 8                      Step RF fwd. Kick LF fwd. Step back on LF, Step RF on Right

## SECT : 2# WEAVE RIGHT, STEP LF FWD. KICK RF FWD. STEP ON RF

1 - 4                      Step LF over RF, Step RF to right side, Step LF behind RF, Step on Right  
5 - 8                      Step LF fwd. Kick RF fwd. Step back on RF, step LF on Left

## SECTION : 3# SHUFFLE FORWARD RF, CROSS ROCK, CHASSÉ LF, BACK ROCK

1 & 2                      RF step forward, LF next to RF, RF step forward  
3 - 4                      cross LF in front of RF, slightly raise RF and weight back into RF  
5 & 6                      LF step to the left, RF next to LF, LF step to the left  
7 - 8                      RF step back, slightly raise LF and weight back into LF

## SECT : 4# MONTEREY TURN RIGHT, V STEP

1 - 2                      Touch RF to side, ¼ turn right close RF next to LF,  
3 - 4                      Touch LF to side, close LF next to RF  
5 - 6                      Step RF diagonally fwd, step LF diagonally fwd  
7 - 8                      Step RF back to center, close LF next to RF

## SECT : 5# K STEP

1 - 2                      Step RF diagonally fwd, close touch LF  
3 - 4                      Step LF diagonally fwd, close touch RF next to RF  
5 - 6                      Step RF diagonally back, close touch LF  
7 - 8                      Step LF back to center, close touch RF next to RF

## SECT : 6# PIVOT TURN, SHUFFLE FORWARD, ROCK LEFT FWD, COASTER STEP

1 - 2                      Step RF fwd, ½ turn left change weight on LF  
3 - 4                      Step RF fwd, close LF next to RF, step RF fwd  
5 - 6                      Rock LF fwd, recover on RF  
7 - 8                      Step LF back, close RF next to LF, step LF fwd

## SECT : 7# SIDE ROCK RF, CROSS SHUFFLE, SIDE ROCK LF, VINE

1 - 2                      Step RF to side, recover on LF, next to RF  
3 - 4                      Cross RF over LF, step LF to side, cross RF over LF  
5 - 6                      Step LF to side, recover on RF  
7 & 8                      Cross LF behind RF, Step RF to R, Cross LF over RF

## SECT : 8# VINE, ROLLING VINE

1 - 2                      step RF to side, cross LF behind RF  
3 - 4                      step RF to side, toe touch LF to side  
5 - 6                      step LF in place, 1/2 turn left, step RF to side  
7 - 8                      1/2 turn left, step LF to side, close touch RF next to LF

\*\*\* Tag : ROCKING CHAIR (Count 4)

1 - 2      Rock RF fwd, recover on LF  
3 - 4      Rock RF back, recover on L

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