

Long Long Time

拍数: 32 墙数: 4 级数: Improver
编舞者: Willie Brown (SCO) - April 2023
音乐: Do It Again - Ray Dalton



Intro; On vocals / 16 counts (approx 7 seconds) - NO tags or restarts

SECTION 1 – STEP, POINT, SAMBA STEP, JAZZ BOX ¼ TURN

1,2 Step forward on Right, point Left toe to Left side
3&4 Cross Left over Right, rock Right to Right side, recover weight on Left
5,6 Cross Right over Left, step back on Left
7,8 Turn ¼ Right and step Right to Right side, cross Left over Right [3]

SECTION 2 – HIP BUMPS R & L, CROSS ROCK, RECOVER & HEEL, HIP BUMPS

1&2 Touching Right toe to Right diagonal bump hips forward, back, forward taking weight on to Right
3&4 Touching Left to Left diagonal bump hips forward, back, forward taking weight on to Left
5,6 Rock Right across front of Left, recover weight back on Left
&7 Quickly step Right to Right side, touch Left heel to Left diagonal
&8 Angled to Left diagonal bump hips forward, back keeping weight on Right

SECTION 3 – & CROSS, SIDE, SAILOR STEP, BEHIND, ½ UNWIND, OUTOUT, SHOULDER POP

&1,2 Quickly close Left beside Right, cross Right over Left, step Left to Left side
3&4 Cross Right behind Left, step Left to Left side, step Right to Right side
5,6 Touch Left toe behind Right, unwind ½ turn Left taking weight on Left [9]
&7&8 Quickly step Right out to Right side, step Left out to Left side, pop shoulders forward, back (weight ending on Left)

SECTION 4 – CROSS, BACK, BACK, CROSS, COASTER STEP, ½ PIVOT

1,2 Cross Right over Left, step back on Left
3,4 Step back on Right, cross Left over Right
5,6 Step back on Right, close Left beside Right
7,8 Step forward on Left, pivot ½ Left taking weight forward on Left [3]

...START AGAIN...

Ending; During wall 11 you will dance the final section facing 3 o'clock. Change the final turn to only ¼ Left to face 12 o'clock and step forward on Right - 'ta-da'!!