

Dreamers

拍数: 144 墙数: 4 级数: Intermediate - Polka
编舞者: Markus Eiselt (DE) - May 2023
音乐: Dreamers (Music from the FIFA World Cup Qatar 2022 Official Soundtrack) - Jung Kook



Restart: No

Tag: No

Start the Dance after 32 Counts

Sequence: AAABAAACAAA

A=32 Counts

(1-8) Shuffle Diakonal R fwd, Shuffle Diakonal L fwd

- 1&2 With R Step Diakonal fwd (1), With L Diakonal Step fwd in Line with R (&), With R Diakonal Step fwd (2)
- 3&4 With R Step Diakonal fwd (3), With L Diakonal Step fwd in Line with R (&), With R Diakonal Step fwd (4)
- 5&6 With L Step Diakonal fwd (5), With R Diakonal Step fwd in Line with L (&), With L Diakonal Step fwd (6)
- 7&8 With L Step Diakonal fwd (7), With R Diakonal Step fwd in Line with L (&), With L Diakonal Step fwd (8)

(9-16) 1/2 Jazz Box 1/4 Turn R, Chasse R, Rock fwd L, Rock Side L, Rock Back L, Rock Side L

- 1-3&4 Step R over L (1), 1/4 Turn Step L Back (2), Step R to R (3), Step L on R (&) Step R to R Side (4)
- 5&6 Rock Step fwd L (1), And weight back on R (&), Rock Step Side L (6)
- &7&8 And weight back on R (&), Rock Step Back L (7) And weight back on R (&), Rock Step L Side (8)

(17-24) Schuffle fwd R, Rock fwd L, Shuffle Back L, Rock Back R

- 1&2 Step R fwd (1), Step L fwd on R (&), Step R fwd (2)
- 3-4 Rock Step L fwd (3), Weight Back on R
- 5&6 Step L Back (5), Step R Back on L (&), Step L Back (6)
- 7-8 Rock Step R (7), Weight Back on L

(25-32) Kick-Ball Change 2 x R, Full Turn R, Rock Side R

- 1&2 Kick R fwd (1), Step R next to L (&), and Step L in place (2)
- 3&4 Kick R fwd (3), Step R next to L (&), and Step L in place (4)
- 5-6 Behind L with R (5), Full Turn (6)
- 7&8 Rock Step R Side with R (7). Weight Back on L (8)

B=48 Counts

(1-8) Sailer Step 2x, Shimmy

- 1&2 Cross R Behind L(1), Step L to L Side (&), Step R to R Side (2)
- 3&4 Cross L Behind R(3), Step R to R Side (&), Step L to L Side (4)
- 5-8 Shimmy R (5), Shimmy L (6), Shimmy R (7), Shimmy L (8)

(9-16) Sailor Step R,L, Shimmy

- 1&2 Cross R Behind L(1), Step L to L Side (&), Step R to R Side (2)
- 3&4 Cross L Behind R(3), Step R to R Side (&), Step L to L Side (4)
- 5-8 Shimmy R (5), Shimmy L (6), Shimmy R (7), Shimmy L (8)

(17-24) Sailer Step R,L, Shimmy

- 1&2 Cross R Behind L(1), Step L to L Side (&), Step R to R Side (2)
 3&4 Cross L Behind R(3), Step R to R Side (&), Step L to L Side (4)
 5-8 Shimmy R (5), Shimmy L (6), Shimmy R (7), Shimmy L (8)

(25-32) Sailer Step R,L, Shimmy

- 1&2 Cross R Behind L(1), Step L to L Side (&), Step R to R Side (2)
 3&4 Cross L Behind R(3), Step R to R Side (&), Step L to L Side (4)
 5-8 Shimmy R (5), Shimmy L (6), Shimmy R (7), Shimmy L (8)

(33-40) Paddle Full Turn fwd L, Paddle Full Turn Back R

- 1-4 1/4 Turn L Stepping fwd (1), 1/4 Turn L Stepping fwd (2), 1/4 Turn L Stepping fwd (3), 1/4 Turn L Stepping fwd(4)
 5-8 1/4 Turn R Stepping Back (5), 1/4 Turn R Stepping Back (6), 1/4 Turn R Stepping Back (7), 1/4 Turn R Stepping Back (8)

(41-48) Paddle Full Turn fwd L, Paddle Full Turn Back R

- 1-4 1/4 Turn L Stepping fwd (1), 1/4 Turn L Stepping fwd (2), 1/4 Turn L Stepping fwd (3), 1/4 Turn L Stepping fwd(4)
 5-8 1/4 Turn R Stepping Back (5), 1/4 Turn R Stepping Back (6), 1/4 Turn R Stepping Back (7), 1/4 Turn R Stepping Back (8)

C=64 Counts**(1-8) Weave R, Weave L**

- 1-2 Step R ro R Side (1), Behind L (2)
 3-4 Step R to R Side (3), Touch to L (4)
 5-6 Step L to L Side (5), Behind R (6)
 7-8 Step L to L Side (7), Touch to R (8)

(9-16) Walk Back R,L,R Touch L, Walk fwd L,R,L Kick R

- 1-2 Step R Back (1), Step L Back (2)
 3-4 Step R Back (3), Touch L on R (4)
 5-6 Step L fwd (5), Step R fwd (6)
 7-8 Step L fwd (7), Kick R fwd (8)

(17-24) Weave R, Weave L

- 1-2 Step R ro R Side (1), Behind L (2)
 3-4 Step R to R Side (3), Touch to L (4)
 5-6 Step L to L Side (5), Behind R (6)
 7-8 Step L to L Side (7), Touch to R (8)

(25-32) Walk Back R,L,R Touch L, Walk fwd L,R,L Kick R

- 1-2 Step R Back (1), Step L Back (2)
 3-4 Step R Back (3), Touch L on R (4)
 5-6 Step L fwd (5), Step R fwd (6)
 7-8 Step L fwd (7), Kick R fwd (8)

(33-40) Weave R, Weave L

- 1-2 Step R ro R Side (1), Behind L (2)
 3-4 Step R to R Side (3), Touch to L (4)
 5-6 Step L to L Side (5), Behind R (6)
 7-8 Step L to L Side (7), Touch to R (8)

(41-48) Walk Back R,L,R Touch L, Walk fwd L,R,L Kick R

- 1-2 Step R Back (1), Step L Back (2)
 3-4 Step R Back (3), Touch L on R (4)

5-6 Step L fwd (5), Step R fwd (6)
7-8 Step L fwd (7), Kick R fwd (8)

(49-56) Weave R, Weave L

1-2 Step R to R Side (1), Behind L (2)
3-4 Step R to R Side (3), Touch to L (4)
5-6 Step L to L Side (5), Behind R (6)
7-8 Step L to L Side (7), Touch to R (8)

(57-64) Walk Back R,L,R Touch L, Walk fwd L,R,L Kick R

1-2 Step R Back (1), Step L Back (2)
3-4 Step R Back (3), Touch L on R (4)
5-6 Step L fwd (5), Step R fwd (6)
7-8 Step L fwd (7), Kick R fwd (8)

Have fun and enjoy the dance
