

All the Way

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 2 级数: High Intermediate - Smooth
编舞者: Chandrani Eilena Emmiyan (INA) - May 2023
音乐: All the Way - Nubya



Intro: 16 seconds

Tag on wall 2, 4, & 6

No Restart

Session 1 - BACK SWAY-HOLD, 1/8 SAILOR STEP, 1/2 PIVOT WITH KNEE BENDING-HOLD, UNWIND-HALF CIRCLE RUN

- 1-2 Step R backwards while swinging L upward, Hold
3&4& 1/8 turn left & step down L behind R while sweeping R to back (1.30), Close R behind L (1.30), Step L to side, Step R forwards
5-6 1/2 turn left & bend R knee (like sitting with L straight on heel, body weight on R, 7.30), Hold
7&8& Step on L while fully turning to right, 1/8 turn right & step R forwards (9.00), 1/8 turn right & step L forwards (10.30), 1/8 turn right & step R forwards (12.00)

Session 2 - 3/4 DIAMOND FALL AWAY

- 1-2 1/8 turn right & step L forwards while sweeping R to front (1.30), Continue sweeping while squaring to 12.00
3&4 Cross R over L, Step L to side, 1/8 turn right & step R backwards (1.30)
5&6 Step L backwards, 1/8 turn right & step R to side (3.00), 1/8 turn right & step L forwards (4.30)
7&8 Step R forwards, 1/8 turn right & step L to side (6.00), 1/8 turn right & step R backwards (7.30)

Session 3 - BACK SLIDE-IN PLACE ACTION, UNWIND, STEP FORWARD- 5/8 TURN, TWINKLE

- 1-3 Back slide on L while dragging R inward next to L, In place body weight to R & step L on toe, Step L forwards
4-6 Cross R over L & full turn, Step L forwards while sweeping R to front & squaring to 6.00, Continue making half turn to 12.00
7&8 Step R diagonal forwards to left (1.30), Squaring & step L to side (12.00), Slightly step R diagonal forwards to right (1.30)

Session 4 - TWINKLE, 1/2 PIVOT, PRISSY WALK-HOLD, RUN (x 3)-DRAG

- 1&2 Step L forwards, Squaring & step R to side (12.00), Slightly step L diagonal forwards to left (10.30)
3-4 Squaring to 12.00 & step R forwards, 1/2 turn left & step L in place
5-6 Cross R over L, Hold
7&8 Run on L, R, L & dragging R inward

Tag on wall 2, 4, & 6 (facing 12.00)

- 1-2 Forward lunge on R
3-4 Recover on L while dragging R inward

Happy dancing

Dancing from the heart

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