

The Way I Do

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Isabelle Guimiot (CAN) - April 2023
音乐: The Way I Do - Bishop Briggs



Intro: 32 counts. No tags, no restarts.

[1 - 8] Scuff, hitch ¼ turn step side, knee in-out, knee in-out, step in-in, step back, heel, ball, scuff, hitch ¼ turn step.

1 & 2 Scuff R, hitch R ¼ turn, step R to R, weight on both feet (9:00)
& 3 & 4 R knee in, R knee out, L knee in, L knee out (9:00)
& 5 & 6 R in, L in, step R back, heel L (9:00)
& 7 & 8 L beside R, scuff R, hitch R ¼ turn, step R to R (6:00)

[9 - 16] Hold and step together and side rock recover, cross shuffle, heel push ¼ turn x2, side rock cross.

1 & 2 & Hold, step L together, step R to R, recover L (6:00)
3 & 4 Cross R over L, step L to L, cross R over L (6:00)
5 & 6 & L heel to L and push with ¼ turn left, L heel to L and push with ¼ turn left (12:00)
7 & 8 Step L to L, recover R, cross L over R (12:00)

[17 - 24] Lunge to the right, behind-side-cross, full triple turn fwd, front rock, beginning of sailor step.

1 2 Big step R to R and bend right knee, recover L (12:00)
3 & 4 Cross R behind L, step L to L, cross R over L (12:00)
5 & 6 ½ turn right and step L back, ¼ turn right and step R to R, ¼ turn right and step L fwd (12:00)
7 & 8 Step R fwd, recover L, sweep R back and cross R behind L (12:00)

[25 - 32] End of sailor step, behind with ¼ turn, side cross, side step, heel, pivot full turn on heel, triple side.

& 1 2 Step L to L, step R to R, ¼ turn left and cross L behind R (9:00)
& 3 & 4 Step R to R, cross L over R, step R to R, touch L heel to L side (9:00)
5 6 Put weight on L heel, push with R foot and pivot full turn left on L heel, step R behind L (9:00)
7 & 8 Step L to L, step R together, step L to L (9:00)

Ending: at the end of section 1, instead of scuff, hitch, ¼ turn step, do a scuff hitch ½ turn stomp to finish at 12:00.

Have fun!
