

# Grillz

拍数: 32      墙数: 4      级数: Improver  
编舞者: Anna Pennington (USA) - April 2023  
音乐: Grillz (feat. Paul Wall & Ali & Gipp) - Nelly



Starts: 32 counts

**[1 – 8] HIP ROLL, R TAP AND SLIDE R, HEEL SWIVEL L, R HEEL GRIND ¼ TURN**

1 2            Hip roll  
3 & 4        Tap R foot to side, tap R next to L, step R and slide  
5& 6&      Both heels L, both toes L, both heels L, both toes L  
7 8        R heel to side, grind heel while ¼ turn (facing 3:00)

**[9 – 16] KNEE POP L, KNEE POP R, KNEE L KNEE R KNEE POP L, LEG OUT ½ TURN, STEP FORWARD X 2**

1 2            Knee pop L, knee pop R  
3 & 4        Knee pop L, and R, and L  
5 6        L leg swings outward to propel a half turn (facing 9:00)  
7 8        Step forward R, step forward L

**[17 – 24] HIP ROLL, KNEES OVER TOES X 2, JUMP BACK, STEP FORWARD X 2, KICK R X 2**

1 2            Hip roll  
3& 4&      Bend knees over toes to L, and then R, jump back with both feet  
5 6        Step forward R, step forward L  
7 8        Kick R out to side

**[25 – 32] GRAPEVINE L, HIP ROLL R, SNAP SNAP LEAN L, R TAP FORWARD, R TAP SIDE, KICK R BEHIND, SLIDE R**

1 & 2        Step R behind L, step L to side, R touch beside L  
3 4        Roll hips R  
5 & 6        Roll hips L while L hand snaps, R hand snaps over L, then both hands snap back while you lean back  
7& 8&      R tap forward, R tap side, R kick foot back, R step and slide

**\*\*TAG: END OF WALL 9 - 16 COUNTS**

**TAG: HEEL OUT R, HEEL OUT L, R IN, L IN, STEP FORWARD X 3, HIP ROLL ½ TURN**

1 2            Step on R heel, step on L heel  
3 & 4        Bring R back, bring L back, step forward R  
5 6        Step forward L, step forward R  
7 8        Roll hips twice while turning over L shoulder for ½ turn

Last Update: 31 Aug 2023