

Jump Around

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Cameron Stuart (USA) - April 2023
音乐: JUMPIN - Pitbull & Lil Jon



INTRO: 28 COUNTS

[1-8]: R HITCH, COASTER STEP, 1/2 PIVOT X2

1-2 1)Hitch R knee, Step down on R
3&4 3)Step back on L, &)Step together with R, 4)Step forward on L
5-6 5)Step forward on R, 6)1/2 turn left switching weight to L
7-8 7)Step forward on R, 8)1/2 turn left switching weight to L

[9-16]: OUT, OUT, HEELS IN, TOES IN, HEELS IN, 1/2 TURN MONTERREY, FLICK

1-2 1)Step out with R, 2)Step out with L
3&4 3)On balls of both feet Swivel heels toward center, &)On heels of both feet Swivel toes toward center, 4)On balls of both feet Swivel heels toward center
5-6 5)Point L to L, 6)Half Turn L stepping L beside R
7-8 7)Rock R out to R, 8)Flick R behind L

[17-24]: SAILOR STEP, WEAVE R, POINT R X2, WEAVE L

1&2 1)Step R behind L, &)Step L to L side 2)Step R to R side
3&4 3)Step L behind R, &)Step R to R side, 4)Cross L over R
5-6 5)Point R to R side, 6)Touch R to R side
7&8 7)Step R behind L, &)Step L to L side, 8)Cross R over L

[25-32]: 1/8 HEEL GRIND, 1/4 HEEL GRIND, 3/8 HEEL GRIND, COASTER STEP

1-2 1)Step L heel forward, 2)Turn 1/8 left as you step R to R (finish facing left diagonal)
&3,4 &)Step L next to R, 3)Step R heel forward, 4)Turn 1/4 right as you step L to L (finish facing right diagonal)
&5,6 &)Step R next to L, 5)Step L heel forward, 6)Turn 3/8 left as you step R to R
7&8 7)Step back on L, &)Step together with R, 8)Step forward on L

TAG 12 COUNTS

HAPPENS AFTER 16 COUNTS ON WALLS 3 AND 6

[1-8]: STEP, HOLD, ROCK, RECOVER

1-2 1)Step forward on R, 2)Hold
3-6 Hold for 4 counts
7-8 7)Rock forward on L, 8)Recover on R

[9-12]: COASTER STEP, WALK X2

1&2 1)Step back on L, &)Step together with R, 2)Step forward on L
3-4 3)Step forward on R, 4)Step forward on L

Last Update: 29 Apr 2023